

Point San Quentin, CA - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:34	5.1	5:18	3.7			12:03	2.1	7:25	5:01	
2	Thu	6:18	5.3	6:47	3.6			1:06	1.6	7:25	5:02	
3	Fri	7:02	5.5	8:13	3.7	12:11	1.8	2:00	1.1	7:26	5:03	
4	Sat	7:46	5.8	9:25	4.0	1:10	2.1	2:48	0.5	7:26	5:04	
5	Sun	8:31	6.1	10:22	4.3	2:07	2.3	3:32	0.0	7:26	5:04	
6	Mon	9:15	6.4	11:12	4.6	3:00	2.4	4:14	-0.5	7:26	5:05	
7	Tue	10:01	6.6	11:58	4.9	3:50	2.4	4:57	-0.9	7:26	5:06	
8	Wed	10:48	6.8			4:40	2.4	5:41	-1.2	7:25	5:07	
9	Thu	12:42	5.1	11:36 AM	6.8	5:30	2.3	6:25	-1.3	7:25	5:08	
10	Fri	1:25	5.3	12:26	6.7	6:22	2.1	7:09	-1.2	7:25	5:09	
11	Sat	2:08	5.5	1:18	6.4	7:16	2.0	7:55	-1.0	7:25	5:10	
12	Sun	2:53	5.6	2:13	5.9	8:15	1.8	8:42	-0.5	7:25	5:11	
13	Mon	3:39	5.7	3:14	5.3	9:21	1.7	9:31	0.0	7:24	5:12	
14	Tue	4:27	5.8	4:24	4.7	10:34	1.5	10:24	0.7	7:24	5:13	
15	Wed	5:18	5.9	5:47	4.2	11:51	1.2	11:24	1.3	7:24	5:14	
16	Thu	6:12	6.0	7:19	4.0			1:06	0.9	7:23	5:15	
17	Fri	7:06	6.1	8:43	4.1	12:29	1.8	2:12	0.5	7:23	5:16	
18	Sat	7:59	6.1	9:51	4.4	1:35	2.1	3:09	0.1	7:23	5:17	
19	Sun	8:48	6.2	10:46	4.6	2:36	2.3	3:56	-0.1	7:22	5:18	
20	Mon	9:33	6.2	11:31	4.8	3:31	2.4	4:38	-0.3	7:22	5:20	
21	Tue	10:15	6.1			4:19	2.4	5:15	-0.4	7:21	5:21	
22	Wed	12:11	4.9	10:54 AM	6.1	5:02	2.4	5:49	-0.4	7:21	5:22	
23	Thu	12:46	4.9	11:31 AM	5.9	5:42	2.4	6:20	-0.3	7:20	5:23	
24	Fri	1:18	4.9	12:07	5.8	6:20	2.3	6:51	-0.2	7:19	5:24	
25	Sat	1:47	5.0	12:42	5.5	6:57	2.2	7:21	0.0	7:19	5:25	
26	Sun	2:16	5.0	1:19	5.3	7:35	2.2	7:51	0.2	7:18	5:26	
27	Mon	2:45	5.0	1:58	4.9	8:15	2.1	8:23	0.5	7:17	5:27	
28	Tue	3:17	5.1	2:42	4.5	9:01	2.0	8:57	0.9	7:17	5:28	
29	Wed	3:51	5.1	3:35	4.1	9:54	1.9	9:35	1.3	7:16	5:30	
30	Thu	4:31	5.2	4:45	3.8	10:56	1.7	10:22	1.7	7:15	5:31	
31	Fri	5:16	5.3	6:17	3.6			12:05	1.4	7:14	5:32	