

Point San Quentin, CA - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:22	5.3	6:02	3.7	11:12	0.8	10:48	2.4	6:40	6:03	
2	Sun	5:18	5.3	7:32	3.8			12:23	0.6	6:39	6:04	
3	Mon	6:23	5.5	8:42	4.1	12:06	2.6	1:31	0.2	6:37	6:05	
4	Tue	7:29	5.7	9:35	4.5	1:24	2.5	2:30	-0.1	6:36	6:06	
5	Wed	8:32	5.9	10:19	4.8	2:30	2.3	3:22	-0.5	6:35	6:07	
6	Thu	9:31	6.1	10:59	5.2	3:26	1.9	4:10	-0.7	6:33	6:08	
7	Fri	10:27	6.3	11:38	5.5	4:19	1.4	4:55	-0.7	6:32	6:09	
8	Sat	11:21	6.3			5:09	1.0	5:39	-0.6	6:30	6:10	
9	Sun	12:16	5.8	12:15	6.1	5:59	0.6	6:22	-0.3	6:29	6:11	
10	Mon	12:55	5.9	1:09	5.8	6:49	0.3	7:05	0.1	6:27	6:12	
11	Tue	1:35	6.0	2:04	5.4	7:41	0.1	7:50	0.6	6:26	6:13	
12	Wed	2:16	6.0	3:04	4.9	8:35	0.1	8:37	1.2	6:24	6:14	
13	Thu	3:00	5.9	4:11	4.5	9:33	0.2	9:31	1.7	6:23	6:15	
14	Fri	3:48	5.6	5:28	4.2	10:38	0.3	10:36	2.2	6:21	6:16	
15	Sat	4:43	5.4	6:53	4.2	11:49	0.4	11:54	2.4	6:20	6:17	
16	Sun	5:45	5.1	8:09	4.3			1:00	0.4	6:18	6:18	
17	Mon	6:53	5.0	9:07	4.5	1:11	2.4	2:03	0.4	6:17	6:19	
18	Tue	7:56	5.0	9:51	4.7	2:16	2.3	2:55	0.3	6:15	6:20	
19	Wed	8:52	5.0	10:27	4.8	3:09	2.0	3:38	0.3	6:14	6:20	
20	Thu	9:41	5.1	10:57	4.9	3:53	1.8	4:15	0.3	6:12	6:21	
21	Fri	10:24	5.1	11:24	5.0	4:32	1.5	4:48	0.4	6:11	6:22	
22	Sat	11:05	5.1	11:49	5.1	5:07	1.2	5:18	0.5	6:09	6:23	
23	Sun	11:44	5.0			5:40	1.0	5:47	0.6	6:08	6:24	
24	Mon	12:14	5.2	12:24	4.9	6:12	0.8	6:16	0.8	6:06	6:25	
25	Tue	12:40	5.3	1:04	4.8	6:44	0.6	6:45	1.1	6:04	6:26	
26	Wed	1:08	5.3	1:47	4.6	7:19	0.4	7:17	1.4	6:03	6:27	
27	Thu	1:38	5.4	2:34	4.4	7:58	0.3	7:52	1.7	6:01	6:28	
28	Fri	2:12	5.4	3:29	4.2	8:42	0.2	8:33	2.0	6:00	6:29	
29	Sat	2:52	5.3	4:35	4.0	9:34	0.2	9:25	2.4	5:58	6:30	
30	Sun	3:41	5.2	5:52	4.0	10:35	0.2	10:35	2.6	5:57	6:31	
31	Mon	4:42	5.1	7:08	4.1	11:44	0.1			5:55	6:32	