

Point San Quentin, CA - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:22	5.9	9:54	4.1	1:51	1.9	3:21	0.5	7:25	5:01	
2	Sun	8:59	6.0	10:49	4.3	2:42	2.2	4:03	0.1	7:25	5:01	
3	Mon	9:34	6.0	11:36	4.5	3:28	2.5	4:40	-0.1	7:25	5:02	
4	Tue	10:08	6.1			4:11	2.7	5:14	-0.3	7:26	5:03	
5	Wed	12:17	4.6	10:42 AM	6.1	4:51	2.8	5:47	-0.4	7:26	5:04	
6	Thu	12:54	4.7	11:17 AM	6.1	5:28	2.8	6:19	-0.5	7:26	5:05	
7	Fri	1:28	4.7	11:52 AM	6.0	6:04	2.8	6:50	-0.5	7:26	5:06	
8	Sat	2:01	4.7	12:28	5.9	6:40	2.8	7:23	-0.5	7:25	5:07	
9	Sun	2:34	4.8	1:05	5.7	7:19	2.8	7:57	-0.4	7:25	5:07	
10	Mon	3:08	4.8	1:45	5.4	8:02	2.7	8:34	-0.2	7:25	5:08	
11	Tue	3:44	4.9	2:30	5.0	8:53	2.6	9:13	0.1	7:25	5:09	
12	Wed	4:23	5.0	3:25	4.6	9:53	2.4	9:57	0.5	7:25	5:10	
13	Thu	5:04	5.2	4:37	4.1	11:03	2.1	10:47	1.0	7:25	5:11	
14	Fri	5:47	5.4	6:09	3.9			12:16	1.6	7:24	5:12	
15	Sat	6:34	5.7	7:46	3.9			1:24	1.0	7:24	5:13	
16	Sun	7:23	6.1	9:09	4.1	12:45	1.9	2:24	0.3	7:24	5:14	
17	Mon	8:13	6.4	10:16	4.5	1:48	2.2	3:18	-0.4	7:23	5:16	
18	Tue	9:04	6.7	11:12	4.8	2:49	2.4	4:09	-0.9	7:23	5:17	
19	Wed	9:55	6.9			3:47	2.5	4:58	-1.2	7:22	5:18	
20	Thu	12:02	5.1	10:46 AM	7.0	4:42	2.4	5:45	-1.4	7:22	5:19	
21	Fri	12:48	5.2	11:37 AM	7.0	5:35	2.3	6:31	-1.4	7:21	5:20	
22	Sat	1:32	5.4	12:27	6.7	6:29	2.2	7:16	-1.2	7:21	5:21	
23	Sun	2:16	5.4	1:18	6.3	7:24	2.0	8:00	-0.8	7:20	5:22	
24	Mon	2:58	5.5	2:10	5.7	8:21	1.9	8:44	-0.3	7:20	5:23	
25	Tue	3:41	5.5	3:06	5.1	9:22	1.8	9:29	0.3	7:19	5:24	
26	Wed	4:25	5.5	4:09	4.4	10:29	1.7	10:17	0.9	7:18	5:25	
27	Thu	5:10	5.5	5:28	3.9	11:41	1.5	11:11	1.5	7:18	5:26	
28	Fri	5:57	5.5	7:03	3.7			12:51	1.2	7:17	5:28	
29	Sat	6:45	5.5	8:35	3.8	12:12	2.1	1:55	0.9	7:16	5:29	
30	Sun	7:33	5.6	9:46	4.1	1:17	2.4	2:49	0.6	7:16	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	8:19	5.7	10:37	4.3	2:17	2.6	3:35	0.3	7:15	5:31	