

Point San Quentin, CA - Jan 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:11	4.8	4:05	4.2	10:59	2.6	10:40	0.8	7:25	5:01	
2	Tue	5:51	5.0	5:23	3.8			12:10	2.2	7:25	5:02	
3	Wed	6:31	5.3	6:56	3.7			1:14	1.7	7:26	5:03	
4	Thu	7:12	5.6	8:26	3.8	12:24	1.7	2:08	1.0	7:26	5:04	
5	Fri	7:53	5.9	9:40	4.1	1:20	2.0	2:56	0.3	7:26	5:04	
6	Sat	8:36	6.3	10:42	4.4	2:16	2.3	3:42	-0.3	7:26	5:05	
7	Sun	9:21	6.6	11:35	4.7	3:10	2.5	4:28	-0.9	7:26	5:06	
8	Mon	10:08	6.9			4:02	2.6	5:14	-1.3	7:25	5:07	
9	Tue	12:24	5.0	10:57 AM	7.0	4:54	2.6	6:00	-1.5	7:25	5:08	
10	Wed	1:10	5.1	11:47 AM	7.0	5:46	2.6	6:47	-1.6	7:25	5:09	
11	Thu	1:55	5.2	12:39	6.8	6:40	2.4	7:34	-1.4	7:25	5:10	
12	Fri	2:40	5.3	1:32	6.4	7:38	2.3	8:21	-1.1	7:25	5:11	
13	Sat	3:26	5.4	2:29	5.8	8:41	2.1	9:09	-0.5	7:24	5:12	
14	Sun	4:12	5.5	3:32	5.1	9:50	2.0	9:59	0.1	7:24	5:13	
15	Mon	5:00	5.7	4:45	4.5	11:06	1.7	10:52	0.8	7:24	5:14	
16	Tue	5:49	5.8	6:13	4.0			12:23	1.3	7:23	5:15	
17	Wed	6:38	5.9	7:49	3.9			1:34	0.9	7:23	5:16	
18	Thu	7:27	6.0	9:14	4.1	12:52	2.0	2:35	0.4	7:23	5:17	
19	Fri	8:14	6.0	10:19	4.3	1:54	2.4	3:27	0.1	7:22	5:18	
20	Sat	8:58	6.1	11:11	4.6	2:52	2.6	4:11	-0.2	7:22	5:20	
21	Sun	9:39	6.1	11:55	4.7	3:44	2.8	4:50	-0.3	7:21	5:21	
22	Mon	10:19	6.1			4:29	2.8	5:26	-0.4	7:21	5:22	
23	Tue	12:32	4.8	10:56 AM	6.0	5:10	2.8	5:59	-0.5	7:20	5:23	
24	Wed	1:05	4.8	11:32 AM	6.0	5:47	2.7	6:30	-0.4	7:19	5:24	
25	Thu	1:35	4.8	12:08	5.8	6:23	2.7	7:01	-0.4	7:19	5:25	
26	Fri	2:04	4.8	12:43	5.6	6:58	2.6	7:31	-0.2	7:18	5:26	
27	Sat	2:32	4.8	1:20	5.4	7:36	2.5	8:02	0.0	7:17	5:27	
28	Sun	3:01	4.9	2:00	5.0	8:17	2.3	8:35	0.3	7:16	5:28	
29	Mon	3:32	5.0	2:45	4.6	9:05	2.2	9:10	0.7	7:16	5:30	
30	Tue	4:06	5.1	3:42	4.1	10:02	2.0	9:49	1.2	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	4:44	5.2	5:00	3.8	11:08	1.7	10:37	1.7	7:14	5:32	