

Point San Quentin, CA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:21	5.9	4:04	5.3	9:03	-0.4	9:21	2.1	6:12	8:19	
2	Sat	3:12	5.4	4:39	5.5	9:42	0.1	10:21	1.8	6:13	8:18	
3	Sun	4:11	4.9	5:18	5.7	10:23	0.6	11:29	1.5	6:14	8:17	
4	Mon	5:25	4.4	6:01	5.9	11:09	1.3			6:15	8:16	
5	Tue	6:56	4.0	6:49	6.2	12:42	1.0	12:03	2.0	6:16	8:15	
6	Wed	8:39	3.9	7:43	6.4	1:55	0.5	1:08	2.5	6:17	8:14	
7	Thu	10:08	4.2	8:40	6.5	3:02	0.1	2:20	2.8	6:18	8:13	
8	Fri	11:14	4.5	9:37	6.7	4:02	-0.4	3:29	3.0	6:18	8:12	
9	Sat			12:06	4.8	4:55	-0.7	4:30	2.9	6:19	8:10	
10	Sun			12:50	5.0	5:44	-0.8	5:26	2.7	6:20	8:09	
11	Mon			1:30	5.1	6:29	-0.9	6:17	2.5	6:21	8:08	
12	Tue	12:14	6.6	2:08	5.2	7:10	-0.8	7:05	2.3	6:22	8:07	
13	Wed	1:01	6.3	2:42	5.2	7:48	-0.5	7:52	2.2	6:23	8:06	
14	Thu	1:46	6.0	3:15	5.2	8:25	-0.2	8:39	2.0	6:24	8:04	
15	Fri	2:31	5.5	3:46	5.3	9:00	0.2	9:27	1.9	6:25	8:03	
16	Sat	3:18	5.0	4:17	5.3	9:34	0.8	10:19	1.8	6:25	8:02	
17	Sun	4:10	4.5	4:48	5.3	10:10	1.4	11:16	1.6	6:26	8:01	
18	Mon	5:14	4.0	5:23	5.3	10:50	2.0			6:27	7:59	
19	Tue	6:40	3.7	6:04	5.3	12:20	1.5	11:38 AM	2.5	6:28	7:58	
20	Wed	8:29	3.7	6:53	5.4	1:27	1.3	12:43	2.9	6:29	7:57	
21	Thu	9:59	4.0	7:48	5.5	2:32	1.0	1:58	3.2	6:30	7:55	
22	Fri	10:55	4.2	8:44	5.6	3:27	0.7	3:04	3.2	6:31	7:54	
23	Sat	11:35	4.5	9:36	5.8	4:15	0.3	3:57	3.1	6:32	7:53	
24	Sun			12:08	4.6	4:57	0.0	4:41	2.9	6:32	7:51	
25	Mon			12:38	4.8	5:35	-0.2	5:21	2.7	6:33	7:50	
26	Tue			1:08	4.9	6:10	-0.4	6:00	2.4	6:34	7:48	
27	Wed			1:37	5.1	6:45	-0.5	6:41	2.1	6:35	7:47	
28	Thu	12:41	6.3	2:07	5.3	7:20	-0.4	7:24	1.7	6:36	7:45	
29	Fri	1:29	6.1	2:38	5.5	7:55	-0.1	8:11	1.4	6:37	7:44	
30	Sat	2:19	5.7	3:11	5.7	8:31	0.3	9:03	1.1	6:38	7:43	
31	Sun	3:15	5.3	3:47	5.9	9:10	0.9	10:00	0.8	6:38	7:41	