

Point San Quentin, CA - Jan 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:34	5.7	9:13	3.8	12:55	1.9	2:44	0.8	7:25	5:01	
2	Fri	8:11	5.8	10:21	4.0	1:48	2.3	3:29	0.3	7:25	5:01	
3	Sat	8:46	5.9	11:14	4.3	2:39	2.7	4:09	0.0	7:25	5:02	
4	Sun	9:22	6.0	11:58	4.5	3:27	2.9	4:45	-0.2	7:26	5:03	
5	Mon	9:58	6.1			4:11	3.1	5:19	-0.4	7:26	5:04	
6	Tue	12:36	4.6	10:35 AM	6.1	4:51	3.1	5:53	-0.6	7:26	5:05	
7	Wed	1:11	4.6	11:12 AM	6.2	5:28	3.1	6:25	-0.6	7:26	5:06	
8	Thu	1:44	4.7	11:50 AM	6.1	6:05	3.1	6:58	-0.7	7:25	5:07	
9	Fri	2:16	4.7	12:28	6.0	6:43	3.0	7:32	-0.7	7:25	5:07	
10	Sat	2:48	4.7	1:08	5.8	7:24	2.9	8:06	-0.6	7:25	5:08	
11	Sun	3:21	4.8	1:51	5.4	8:12	2.7	8:43	-0.3	7:25	5:09	
12	Mon	3:55	4.9	2:40	5.0	9:07	2.5	9:21	0.1	7:25	5:10	
13	Tue	4:31	5.1	3:42	4.4	10:13	2.2	10:04	0.7	7:25	5:11	
14	Wed	5:09	5.4	5:04	3.9	11:25	1.7	10:52	1.3	7:24	5:12	
15	Thu	5:51	5.7	6:48	3.7			12:38	1.1	7:24	5:13	
16	Fri	6:37	6.0	8:32	3.8			1:45	0.4	7:24	5:15	
17	Sat	7:27	6.3	9:53	4.2	12:52	2.5	2:45	-0.2	7:23	5:16	
18	Sun	8:19	6.6	10:55	4.5	2:00	2.8	3:40	-0.8	7:23	5:17	
19	Mon	9:13	6.8	11:46	4.8	3:04	2.9	4:31	-1.2	7:22	5:18	
20	Tue	10:07	7.0			4:04	2.9	5:20	-1.4	7:22	5:19	
21	Wed	12:31	5.0	10:59 AM	7.0	4:59	2.8	6:06	-1.5	7:21	5:20	
22	Thu	1:13	5.1	11:50 AM	6.8	5:53	2.6	6:50	-1.3	7:21	5:21	
23	Fri	1:53	5.2	12:40	6.5	6:46	2.4	7:32	-1.0	7:20	5:22	
24	Sat	2:32	5.3	1:29	5.9	7:40	2.2	8:12	-0.6	7:20	5:23	
25	Sun	3:10	5.3	2:20	5.3	8:36	2.0	8:52	0.0	7:19	5:24	
26	Mon	3:47	5.3	3:15	4.7	9:37	1.9	9:32	0.6	7:18	5:25	
27	Tue	4:24	5.4	4:21	4.0	10:43	1.7	10:14	1.3	7:18	5:26	
28	Wed	5:03	5.4	5:48	3.6	11:53	1.5	11:02	2.0	7:17	5:28	
29	Thu	5:44	5.4	7:38	3.5			1:02	1.1	7:16	5:29	
30	Fri	6:28	5.4	9:14	3.8	12:02	2.5	2:03	0.8	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	7:16	5.5	10:17	4.1	1:11	2.9	2:56	0.4	7:15	5:31	