

Point San Quentin, CA - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:25	5.2	10:29	4.3	2:01	3.2	3:04	0.2	6:40	6:03	
2	Tue	8:23	5.3	10:58	4.5	2:57	3.0	3:47	0.0	6:38	6:04	
3	Wed	9:14	5.5	11:25	4.6	3:40	2.7	4:24	-0.2	6:37	6:05	
4	Thu	10:01	5.7	11:50	4.7	4:18	2.4	4:57	-0.4	6:36	6:06	
5	Fri	10:45	5.8			4:54	2.1	5:29	-0.4	6:34	6:07	
6	Sat	12:15	4.9	11:28 AM	5.8	5:31	1.7	5:59	-0.3	6:33	6:08	
7	Sun	12:41	5.1	12:13	5.6	6:09	1.3	6:31	-0.1	6:31	6:09	
8	Mon	1:08	5.3	1:00	5.4	6:51	0.9	7:03	0.3	6:30	6:10	
9	Tue	1:37	5.6	1:52	5.0	7:36	0.6	7:38	0.9	6:28	6:11	
10	Wed	2:08	5.7	2:52	4.5	8:26	0.3	8:15	1.5	6:27	6:12	
11	Thu	2:43	5.9	4:05	4.1	9:23	0.1	8:58	2.1	6:25	6:13	
12	Fri	3:26	5.9	5:37	3.9	10:28	0.0	9:54	2.7	6:24	6:14	
13	Sat	4:20	5.8	7:22	3.9	11:44	-0.1	11:15	3.0	6:22	6:15	
14	Sun	5:28	5.7	8:42	4.2			1:03	-0.2	6:21	6:16	
15	Mon	6:45	5.6	9:36	4.5	12:55	3.1	2:13	-0.4	6:19	6:17	
16	Tue	7:59	5.7	10:18	4.8	2:15	2.8	3:11	-0.6	6:18	6:18	
17	Wed	9:04	5.8	10:55	5.0	3:17	2.4	3:59	-0.6	6:16	6:19	
18	Thu	10:01	5.8	11:28	5.2	4:09	1.9	4:41	-0.6	6:15	6:20	
19	Fri	10:53	5.7	11:59	5.3	4:56	1.4	5:19	-0.3	6:13	6:21	
20	Sat	11:42	5.5			5:39	1.0	5:54	0.0	6:12	6:22	
21	Sun	12:28	5.4	12:29	5.2	6:20	0.7	6:27	0.4	6:10	6:23	
22	Mon	12:54	5.5	1:16	4.9	7:00	0.5	6:59	0.9	6:09	6:24	
23	Tue	1:20	5.5	2:04	4.5	7:39	0.4	7:31	1.5	6:07	6:24	
24	Wed	1:45	5.4	2:57	4.2	8:20	0.3	8:04	2.0	6:06	6:25	
25	Thu	2:12	5.4	3:59	3.9	9:03	0.3	8:41	2.5	6:04	6:26	
26	Fri	2:44	5.2	5:19	3.7	9:54	0.4	9:28	2.9	6:02	6:27	
27	Sat	3:25	5.0	7:01	3.7	10:54	0.5	10:44	3.2	6:01	6:28	
28	Sun	4:19	4.8	8:21	3.9			12:06	0.5	5:59	6:29	
29	Mon	5:28	4.7	9:07	4.1	12:25	3.2	1:15	0.4	5:58	6:30	
30	Tue	6:42	4.7	9:39	4.3	1:40	3.0	2:12	0.2	5:56	6:31	
31	Wed	7:49	4.8	10:06	4.5	2:33	2.7	2:58	0.1	5:55	6:32	