

Point San Quentin, CA - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:32	4.8	3:07	4.5	9:54	2.7	9:50	0.5	7:25	5:01	
2	Sun	5:07	5.0	4:11	4.0	11:02	2.4	10:32	1.0	7:25	5:02	
3	Mon	5:42	5.2	5:38	3.7			12:12	1.9	7:26	5:03	
4	Tue	6:21	5.5	7:23	3.6			1:16	1.2	7:26	5:04	
5	Wed	7:02	5.9	8:59	3.8	12:15	2.1	2:12	0.5	7:26	5:05	
6	Thu	7:46	6.2	10:14	4.1	1:15	2.6	3:04	-0.2	7:26	5:05	
7	Fri	8:34	6.6	11:12	4.5	2:17	2.9	3:54	-0.8	7:25	5:06	
8	Sat	9:24	6.9			3:16	3.0	4:43	-1.3	7:25	5:07	
9	Sun	12:02	4.8	10:16 AM	7.1	4:12	3.0	5:31	-1.6	7:25	5:08	
10	Mon	12:47	4.9	11:09 AM	7.1	5:07	2.9	6:19	-1.7	7:25	5:09	
11	Tue	1:30	5.1	12:02	7.0	6:02	2.7	7:06	-1.6	7:25	5:10	
12	Wed	2:12	5.2	12:55	6.7	6:59	2.5	7:51	-1.3	7:25	5:11	
13	Thu	2:54	5.3	1:50	6.1	7:59	2.3	8:36	-0.8	7:24	5:12	
14	Fri	3:35	5.4	2:48	5.4	9:04	2.0	9:20	-0.2	7:24	5:13	
15	Sat	4:18	5.6	3:53	4.7	10:15	1.8	10:05	0.5	7:24	5:14	
16	Sun	5:01	5.7	5:13	4.0	11:30	1.4	10:54	1.3	7:23	5:15	
17	Mon	5:45	5.8	6:52	3.7			12:45	1.1	7:23	5:16	
18	Tue	6:32	5.8	8:34	3.8			1:52	0.6	7:23	5:17	
19	Wed	7:19	5.9	9:53	4.1	12:54	2.5	2:50	0.3	7:22	5:18	
20	Thu	8:06	5.9	10:50	4.4	2:00	2.9	3:39	0.0	7:22	5:20	
21	Fri	8:51	5.9	11:35	4.6	3:00	3.1	4:21	-0.2	7:21	5:21	
22	Sat	9:34	6.0			3:51	3.1	4:59	-0.4	7:20	5:22	
23	Sun	12:12	4.7	10:15 AM	6.0	4:35	3.1	5:34	-0.4	7:20	5:23	
24	Mon	12:45	4.7	10:54 AM	6.0	5:14	2.9	6:05	-0.5	7:19	5:24	
25	Tue	1:14	4.7	11:31 AM	6.0	5:49	2.8	6:35	-0.5	7:19	5:25	
26	Wed	1:41	4.7	12:07	5.8	6:24	2.7	7:04	-0.4	7:18	5:26	
27	Thu	2:06	4.7	12:44	5.6	7:00	2.5	7:32	-0.3	7:17	5:27	
28	Fri	2:32	4.8	1:21	5.3	7:39	2.3	8:01	0.0	7:16	5:28	
29	Sat	2:59	5.0	2:03	4.9	8:23	2.1	8:31	0.4	7:16	5:30	
30	Sun	3:27	5.1	2:53	4.4	9:14	1.9	9:03	0.9	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	3:58	5.3	3:59	3.9	10:12	1.6	9:40	1.5	7:14	5:32	