







Point San Quentin, CA - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:56	4.6	6:01	4.9	10:47	0.4	11:54	2.4	5:51	8:36	
2	Sun	4:52	4.1	6:34	5.0	11:25	0.9			5:51	8:36	
3	Mon	6:03	3.6	7:07	5.2	1:00	2.1	12:05	1.4	5:52	8:36	
4	Tue	7:34	3.4	7:43	5.4	2:02	1.6	12:50	1.9	5:52	8:35	
5	Wed	9:16	3.4	8:21	5.7	2:57	1.1	1:42	2.4	5:53	8:35	
6	Thu	10:41	3.6	9:01	5.9	3:44	0.6	2:37	2.8	5:53	8:35	
7	Fri	11:43	4.0	9:44	6.2	4:28	0.1	3:31	3.0	5:54	8:35	
8	Sat			12:33	4.3	5:10	-0.4	4:23	3.2	5:55	8:34	
9	Sun			1:15	4.5	5:52	-0.8	5:12	3.2	5:55	8:34	
10	Mon			1:55	4.6	6:34	-1.1	6:01	3.1	5:56	8:34	
11	Tue	12:03	6.7	2:33	4.8	7:17	-1.3	6:51	2.9	5:56	8:33	
12	Wed	12:52	6.7	3:11	4.9	7:59	-1.4	7:44	2.7	5:57	8:33	
13	Thu	1:42	6.5	3:48	5.1	8:42	-1.2	8:41	2.4	5:58	8:33	
14	Fri	2:35	6.1	4:27	5.3	9:24	-0.9	9:44	2.1	5:58	8:32	
15	Sat	3:33	5.6	5:06	5.6	10:07	-0.3	10:54	1.8	5:59	8:32	
16	Sun	4:39	4.9	5:48	5.8	10:52	0.4			6:00	8:31	
17	Mon	5:58	4.2	6:32	6.1	12:09	1.4	11:40 AM	1.1	6:01	8:30	
18	Tue	7:33	3.8	7:19	6.3	1:25	0.9	12:34	1.8	6:01	8:30	
19	Wed	9:14	3.9	8:10	6.4	2:35	0.4	1:37	2.4	6:02	8:29	
20	Thu	10:38	4.1	9:02	6.5	3:38	-0.1	2:44	2.8	6:03	8:29	
21	Fri	11:42	4.5	9:53	6.5	4:33	-0.4	3:48	3.0	6:04	8:28	
22	Sat			12:32	4.7	5:21	-0.6	4:46	3.1	6:04	8:27	
23	Sun			1:16	4.8	6:05	-0.7	5:37	3.0	6:05	8:27	
24	Mon			1:54	4.9	6:44	-0.7	6:23	2.9	6:06	8:26	
25	Tue	12:11	6.3	2:29	4.9	7:21	-0.6	7:06	2.8	6:07	8:25	
26	Wed	12:51	6.1	3:00	4.9	7:54	-0.5	7:48	2.7	6:08	8:24	
27	Thu	1:30	5.8	3:28	4.9	8:25	-0.3	8:30	2.5	6:09	8:23	
28	Fri	2:08	5.5	3:54	4.9	8:55	0.0	9:13	2.4	6:09	8:22	
29	Sat	2:48	5.1	4:20	5.0	9:25	0.4	10:01	2.2	6:10	8:22	
30	Sun	3:32	4.6	4:48	5.2	9:54	0.9	10:54	2.0	6:11	8:21	
31	Mon	4:25	4.1	5:18	5.3	10:25	1.5	11:54	1.8	6:12	8:20	