

































Point San Quentin, CA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:21	5.1	9:51	4.1	12:45	3.3	2:10	0.4	6:40	6:03	
2	Sun	7:28	5.2	10:21	4.3	2:00	3.1	3:00	0.2	6:38	6:04	
3	Mon	8:26	5.4	10:46	4.4	2:53	2.9	3:41	-0.1	6:37	6:05	
4	Tue	9:18	5.6	11:11	4.6	3:36	2.5	4:17	-0.3	6:36	6:06	
5	Wed	10:06	5.7	11:36	4.9	4:15	2.1	4:50	-0.4	6:34	6:07	
6	Thu	10:53	5.8			4:54	1.7	5:22	-0.3	6:33	6:08	
7	Fri	12:01	5.2	11:40 AM	5.7	5:33	1.2	5:55	-0.1	6:31	6:09	
8	Sat	12:28	5.5	12:30	5.5	6:16	0.7	6:28	0.3	6:30	6:10	
9	Sun	12:57	5.7	2:22	5.1	8:01	0.3	8:04	0.8	7:28	7:11	
10	Mon	2:29	6.0	3:20	4.7	8:49	0.0	8:41	1.4	7:27	7:12	
11	Tue	3:04	6.1	4:27	4.3	9:43	-0.2	9:23	2.0	7:25	7:13	
12	Wed	3:46	6.1	5:48	4.0	10:44	-0.2	10:14	2.5	7:24	7:14	
13	Thu	4:36	6.0	7:24	3.9	11:55	-0.2	11:24	2.9	7:22	7:15	
14	Fri	5:40	5.8	8:53	4.1			1:15	-0.2	7:21	7:16	
15	Sat	6:55	5.6	9:56	4.4	1:01	3.0	2:31	-0.2	7:19	7:17	
16	Sun	8:13	5.5	10:42	4.7	2:32	2.8	3:35	-0.3	7:18	7:18	
17	Mon	9:24	5.5	11:21	5.0	3:41	2.4	4:26	-0.4	7:16	7:19	
18	Tue	10:25	5.5	11:55	5.2	4:36	1.9	5:09	-0.3	7:15	7:20	
19	Wed	11:19	5.5			5:24	1.4	5:46	-0.1	7:13	7:21	
20	Thu	12:25	5.3	12:09	5.3	6:08	1.0	6:20	0.2	7:12	7:22	
21	Fri	12:53	5.4	12:55	5.1	6:48	0.7	6:51	0.6	7:10	7:23	
22	Sat	1:19	5.5	1:41	4.8	7:26	0.4	7:22	1.0	7:09	7:24	
23	Sun	1:43	5.5	2:27	4.6	8:02	0.3	7:52	1.5	7:07	7:25	
24	Mon	2:07	5.5	3:14	4.3	8:39	0.2	8:22	2.0	7:05	7:25	
25	Tue	2:33	5.5	4:06	4.0	9:18	0.2	8:54	2.4	7:04	7:26	
26	Wed	3:02	5.4	5:07	3.8	10:01	0.3	9:30	2.7	7:02	7:27	
27	Thu	3:38	5.2	6:27	3.7	10:52	0.4	10:17	3.0	7:01	7:28	
28	Fri	4:23	5.0	8:03	3.7	11:54	0.5	11:37	3.2	6:59	7:29	
29	Sat	5:23	4.8	9:13	3.9			1:04	0.5	6:58	7:30	
30	Sun	6:34	4.7	9:52	4.1	1:21	3.2	2:10	0.3	6:56	7:31	
31	Mon	7:47	4.7	10:21	4.3	2:34	2.9	3:04	0.2	6:55	7:32	