



































## Point San Quentin, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:39	4.9	2:28	4.8	8:58	2.5	9:05	0.3	7:25	5:01	
2	Fri	4:12	5.1	3:24	4.3	9:57	2.3	9:43	0.8	7:25	5:02	
3	Sat	4:47	5.3	4:39	3.8	11:06	1.9	10:27	1.4	7:26	5:03	
4	Sun	5:27	5.5	6:18	3.5			12:16	1.4	7:26	5:04	
5	Mon	6:10	5.8	8:04	3.6			1:23	0.7	7:26	5:05	
6	Tue	6:59	6.2	9:30	3.9	12:22	2.4	2:22	0.1	7:26	5:05	
7	Wed	7:52	6.5	10:33	4.3	1:30	2.8	3:17	-0.6	7:25	5:06	
8	Thu	8:46	6.8	11:24	4.7	2:35	2.9	4:08	-1.1	7:25	5:07	
9	Fri	9:41	7.0			3:36	2.9	4:57	-1.4	7:25	5:08	
10	Sat	12:09	4.9	10:35 AM	7.1	4:33	2.7	5:44	-1.6	7:25	5:09	
11	Sun	12:51	5.1	11:28 AM	7.0	5:28	2.5	6:29	-1.5	7:25	5:10	
12	Mon	1:32	5.3	12:21	6.8	6:23	2.2	7:13	-1.3	7:25	5:11	
13	Tue	2:12	5.4	1:14	6.3	7:20	2.0	7:55	-0.9	7:24	5:12	
14	Wed	2:51	5.6	2:08	5.6	8:19	1.8	8:36	-0.3	7:24	5:13	
15	Thu	3:31	5.7	3:07	4.9	9:22	1.6	9:18	0.4	7:24	5:14	
16	Fri	4:12	5.7	4:15	4.2	10:30	1.4	10:02	1.2	7:23	5:15	
17	Sat	4:55	5.8	5:41	3.7	11:43	1.2	10:53	1.9	7:23	5:16	
18	Sun	5:40	5.8	7:27	3.6			12:54	0.9	7:23	5:17	
19	Mon	6:29	5.8	9:04	3.8			1:59	0.6	7:22	5:19	
20	Tue	7:20	5.8	10:10	4.1	1:06	2.9	2:55	0.3	7:22	5:20	
21	Wed	8:10	5.8	10:57	4.4	2:13	3.1	3:42	0.0	7:21	5:21	
22	Thu	8:57	5.9	11:35	4.5	3:10	3.1	4:23	-0.2	7:20	5:22	
23	Fri	9:41	6.0			3:58	3.0	4:59	-0.3	7:20	5:23	
24	Sat	12:07	4.6	10:21 AM	6.0	4:38	2.9	5:31	-0.4	7:19	5:24	
25	Sun	12:35	4.7	11:00 AM	6.0	5:15	2.7	6:01	-0.5	7:19	5:25	
26	Mon	1:01	4.7	11:37 AM	5.9	5:50	2.5	6:29	-0.4	7:18	5:26	
27	Tue	1:25	4.8	12:14	5.7	6:25	2.4	6:57	-0.3	7:17	5:27	
28	Wed	1:50	5.0	12:53	5.5	7:03	2.2	7:25	-0.1	7:16	5:28	
29	Thu	2:16	5.1	1:34	5.1	7:43	1.9	7:55	0.3	7:16	5:30	
30	Fri	2:44	5.3	2:21	4.7	8:29	1.7	8:27	0.7	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sat	<b>3:14</b>	5.5	<b>3:19</b>	4.2	<b>9:22</b>	1.4	<b>9:02</b>	1.3	7:14	5:32	