

























Point San Quentin, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:28	3.7	8:37	6.1	3:00	0.5	2:04	2.2	5:51	8:36	
2	Thu	10:47	4.0	9:21	6.1	3:56	0.1	3:03	2.6	5:51	8:36	
3	Fri	11:49	4.2	10:04	6.2	4:45	-0.2	4:00	2.9	5:52	8:36	
4	Sat			12:38	4.4	5:27	-0.4	4:51	3.0	5:52	8:35	
5	Sun			1:20	4.6	6:06	-0.5	5:36	3.0	5:53	8:35	
6	Mon			1:57	4.6	6:42	-0.5	6:18	3.0	5:54	8:35	
7	Tue	12:03	6.0	2:29	4.6	7:15	-0.6	6:57	2.9	5:54	8:35	
8	Wed	12:40	5.9	2:58	4.6	7:47	-0.5	7:35	2.8	5:55	8:34	
9	Thu	1:17	5.8	3:26	4.7	8:17	-0.4	8:14	2.7	5:55	8:34	
10	Fri	1:54	5.5	3:53	4.8	8:47	-0.3	8:57	2.6	5:56	8:34	
11	Sat	2:33	5.2	4:21	4.9	9:18	0.0	9:44	2.4	5:57	8:33	
12	Sun	3:16	4.8	4:51	5.1	9:50	0.4	10:38	2.2	5:57	8:33	
13	Mon	4:07	4.3	5:23	5.3	10:24	0.8	11:39	1.9	5:58	8:32	
14	Tue	5:12	3.9	6:00	5.5	11:03	1.4			5:59	8:32	
15	Wed	6:40	3.6	6:41	5.8	12:45	1.5	11:49 AM	1.9	5:59	8:31	
16	Thu	8:26	3.5	7:29	6.1	1:51	1.0	12:46	2.4	6:00	8:31	
17	Fri	10:00	3.8	8:21	6.3	2:53	0.4	1:53	2.8	6:01	8:30	
18	Sat	11:08	4.1	9:17	6.6	3:50	-0.2	3:01	3.0	6:02	8:30	
19	Sun			12:01	4.4	4:42	-0.7	4:04	2.9	6:02	8:29	
20	Mon			12:45	4.7	5:32	-1.1	5:02	2.8	6:03	8:28	
21	Tue			1:27	4.9	6:20	-1.4	5:59	2.5	6:04	8:28	
22	Wed	12:03	7.1	2:06	5.2	7:05	-1.4	6:55	2.2	6:05	8:27	
23	Thu	12:57	6.9	2:45	5.4	7:49	-1.2	7:52	1.9	6:06	8:26	
24	Fri	1:52	6.5	3:24	5.6	8:32	-0.8	8:51	1.7	6:06	8:26	
25	Sat	2:47	5.9	4:03	5.8	9:14	-0.3	9:53	1.4	6:07	8:25	
26	Sun	3:46	5.2	4:44	5.9	9:56	0.4	10:59	1.2	6:08	8:24	
27	Mon	4:53	4.6	5:27	6.0	10:40	1.1			6:09	8:23	
28	Tue	6:13	4.0	6:13	6.0	12:09	1.0	11:30 AM	1.8	6:10	8:22	
29	Wed	7:52	3.8	7:03	6.0	1:21	0.8	12:30	2.4	6:10	8:21	
30	Thu	9:30	3.9	7:57	5.9	2:29	0.6	1:41	2.9	6:11	8:20	
31	Fri	10:42	4.2	8:50	5.9	3:30	0.3	2:51	3.1	6:12	8:19	