US HARBORS www.USHarbors.com

Point San Quentin, CA - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:28**	3.7	**8:37**	6.1	**3:00**	0.5	**2:04**	2.2	5:51	8:36	
2	Thu	**10:47**	4.0	**9:21**	6.1	**3:56**	0.1	**3:03**	2.6	5:51	8:36	
3	Fri	**11:49**	4.2	**10:04**	6.2	**4:45**	-0.2	**4:00**	2.9	5:52	8:36	
4	Sat			**12:38**	4.4	**5:27**	-0.4	**4:51**	3.0	5:52	8:35	
5	Sun			**1:20**	4.6	**6:06**	-0.5	**5:36**	3.0	5:53	8:35	
6	Mon			**1:57**	4.6	**6:42**	-0.5	**6:18**	3.0	5:54	8:35	
7	Tue	**12:03**	6.0	**2:29**	4.6	**7:15**	-0.6	**6:57**	2.9	5:54	8:35	
8	Wed	**12:40**	5.9	**2:58**	4.6	**7:47**	-0.5	**7:35**	2.8	5:55	8:34	
9	Thu	**1:17**	5.8	**3:26**	4.7	**8:17**	-0.4	**8:14**	2.7	5:55	8:34	
10	Fri	**1:54**	5.5	**3:53**	4.8	**8:47**	-0.3	**8:57**	2.6	5:56	8:34	
11	Sat	**2:33**	5.2	**4:21**	4.9	**9:18**	0.0	**9:44**	2.4	5:57	8:33	
12	Sun	**3:16**	4.8	**4:51**	5.1	**9:50**	0.4	**10:38**	2.2	5:57	8:33	
13	Mon	**4:07**	4.3	**5:23**	5.3	**10:24**	0.8	**11:39**	1.9	5:58	8:32	
14	Tue	**5:12**	3.9	**6:00**	5.5	**11:03**	1.4			5:59	8:32	
15	Wed	**6:40**	3.6	**6:41**	5.8	**12:45**	1.5	**11:49 AM**	1.9	5:59	8:31	
16	Thu	**8:26**	3.5	**7:29**	6.1	**1:51**	1.0	**12:46**	2.4	6:00	8:31	
17	Fri	**10:00**	3.8	**8:21**	6.3	**2:53**	0.4	**1:53**	2.8	6:01	8:30	
18	Sat	**11:08**	4.1	**9:17**	6.6	**3:50**	-0.2	**3:01**	3.0	6:02	8:30	
19	Sun			**12:01**	4.4	**4:42**	-0.7	**4:04**	2.9	6:02	8:29	
20	Mon			**12:45**	4.7	**5:32**	-1.1	**5:02**	2.8	6:03	8:28	
21	Tue			**1:27**	4.9	**6:20**	-1.4	**5:59**	2.5	6:04	8:28	
22	Wed	**12:03**	7.1	**2:06**	5.2	**7:05**	-1.4	**6:55**	2.2	6:05	8:27	
23	Thu	**12:57**	6.9	**2:45**	5.4	**7:49**	-1.2	**7:52**	1.9	6:06	8:26	
24	Fri	**1:52**	6.5	**3:24**	5.6	**8:32**	-0.8	**8:51**	1.7	6:06	8:26	
25	Sat	**2:47**	5.9	**4:03**	5.8	**9:14**	-0.3	**9:53**	1.4	6:07	8:25	
26	Sun	**3:46**	5.2	**4:44**	5.9	**9:56**	0.4	**10:59**	1.2	6:08	8:24	
27	Mon	**4:53**	4.6	**5:27**	6.0	**10:40**	1.1			6:09	8:23	
28	Tue	**6:13**	4.0	**6:13**	6.0	**12:09**	1.0	**11:30 AM**	1.8	6:10	8:22	
29	Wed	**7:52**	3.8	**7:03**	6.0	**1:21**	0.8	**12:30**	2.4	6:10	8:21	
30	Thu	**9:30**	3.9	**7:57**	5.9	**2:29**	0.6	**1:41**	2.9	6:11	8:20	
31	Fri	**10:42**	4.2	**8:50**	5.9	**3:30**	0.3	**2:51**	3.1	6:12	8:19	