

































Point San Quentin, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:34	4.5	9:41	6.0	4:22	0.1	3:51	3.1	6:13	8:18	
2	Sun			12:15	4.6	5:06	0.0	4:41	3.0	6:14	8:17	
3	Mon			12:50	4.7	5:44	-0.2	5:24	2.9	6:15	8:16	
4	Tue			1:19	4.7	6:18	-0.2	6:02	2.7	6:16	8:15	
5	Wed			1:45	4.8	6:49	-0.2	6:38	2.5	6:16	8:14	
6	Thu	12:27	5.9	2:09	4.9	7:17	-0.1	7:14	2.3	6:17	8:13	
7	Fri	1:04	5.7	2:33	5.0	7:44	0.0	7:50	2.2	6:18	8:12	
8	Sat	1:42	5.5	2:57	5.2	8:11	0.2	8:28	1.9	6:19	8:11	
9	Sun	2:22	5.1	3:23	5.3	8:39	0.6	9:11	1.7	6:20	8:10	
10	Mon	3:07	4.8	3:52	5.5	9:09	1.0	9:59	1.5	6:21	8:09	
11	Tue	4:01	4.3	4:25	5.7	9:43	1.5	10:55	1.3	6:22	8:07	
12	Wed	5:10	4.0	5:04	5.8	10:21	2.1			6:22	8:06	
13	Thu	6:44	3.7	5:53	5.9	12:01	1.0	11:11 AM	2.6	6:23	8:05	
14	Fri	8:31	3.8	6:52	6.1	1:14	0.7	12:19	3.0	6:24	8:04	
15	Sat	9:55	4.0	7:58	6.3	2:26	0.3	1:42	3.1	6:25	8:02	
16	Sun	10:51	4.4	9:03	6.5	3:29	-0.2	2:58	3.0	6:26	8:01	
17	Mon	11:35	4.7	10:05	6.7	4:24	-0.6	4:02	2.7	6:27	8:00	
18	Tue			12:13	5.0	5:13	-0.8	4:59	2.3	6:28	7:59	
19	Wed			12:50	5.2	5:58	-0.9	5:53	1.9	6:29	7:57	
20	Thu			1:26	5.5	6:40	-0.7	6:46	1.5	6:29	7:56	
21	Fri	12:53	6.5	2:01	5.8	7:20	-0.4	7:38	1.1	6:30	7:55	
22	Sat	1:47	6.1	2:37	6.0	8:00	0.1	8:31	0.9	6:31	7:53	
23	Sun	2:42	5.5	3:13	6.1	8:39	0.7	9:26	0.7	6:32	7:52	
24	Mon	3:41	5.0	3:51	6.1	9:20	1.3	10:24	0.7	6:33	7:50	
25	Tue	4:48	4.5	4:32	6.0	10:04	2.0	11:27	0.7	6:34	7:49	
26	Wed	6:09	4.1	5:19	5.8	10:57	2.6			6:35	7:48	
27	Thu	7:47	4.0	6:14	5.6	12:37	0.7	12:08	3.0	6:35	7:46	
28	Fri	9:16	4.2	7:17	5.5	1:49	0.7	1:31	3.2	6:36	7:45	
29	Sat	10:18	4.4	8:20	5.5	2:54	0.5	2:44	3.1	6:37	7:43	
30	Sun	11:01	4.6	9:18	5.6	3:49	0.4	3:41	2.9	6:38	7:42	
31	Mon	11:35	4.7	10:07	5.7	4:33	0.3	4:27	2.7	6:39	7:40	