

































Point San Quentin, CA - Oct 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:30	5.1	11:19	5.1	4:56	0.7	5:21	1.4	7:05	6:52	
2	Fri	11:52	5.4			5:26	0.8	5:55	1.0	7:06	6:51	
3	Sat	12:04	5.1	12:16	5.6	5:55	1.1	6:28	0.7	7:07	6:49	
4	Sun	12:49	5.0	12:42	5.8	6:24	1.4	7:03	0.3	7:08	6:48	
5	Mon	1:37	4.9	1:10	6.0	6:56	1.7	7:41	0.0	7:09	6:46	
6	Tue	2:27	4.8	1:41	6.1	7:29	2.1	8:23	-0.2	7:10	6:45	
7	Wed	3:22	4.6	2:17	6.1	8:07	2.5	9:10	-0.2	7:11	6:43	
8	Thu	4:24	4.4	3:00	6.1	8:50	2.8	10:05	-0.2	7:12	6:42	
9	Fri	5:35	4.3	3:53	5.9	9:44	3.1	11:09	-0.1	7:13	6:40	
10	Sat	6:52	4.3	4:58	5.7	11:00	3.2			7:14	6:39	
11	Sun	8:01	4.5	6:15	5.5	12:20	0.0	12:36	3.1	7:15	6:37	
12	Mon	8:55	4.8	7:36	5.4	1:31	0.0	2:01	2.7	7:16	6:36	
13	Tue	9:38	5.1	8:52	5.3	2:33	0.0	3:08	2.0	7:16	6:35	
14	Wed	10:16	5.4	10:00	5.3	3:26	0.2	4:04	1.4	7:17	6:33	
15	Thu	10:51	5.8	11:03	5.3	4:12	0.4	4:54	0.7	7:18	6:32	
16	Fri	11:25	6.1			4:54	0.7	5:40	0.2	7:19	6:30	
17	Sat	12:01	5.2	11:58 AM	6.3	5:35	1.1	6:24	-0.2	7:20	6:29	
18	Sun	12:57	5.1	12:31	6.4	6:14	1.6	7:07	-0.5	7:21	6:28	
19	Mon	1:52	5.0	1:04	6.3	6:54	2.0	7:49	-0.5	7:22	6:26	
20	Tue	2:46	4.9	1:38	6.2	7:36	2.5	8:32	-0.5	7:23	6:25	
21	Wed	3:41	4.7	2:14	5.9	8:19	2.8	9:17	-0.3	7:24	6:24	
22	Thu	4:39	4.5	2:54	5.6	9:08	3.1	10:05	0.0	7:25	6:22	
23	Fri	5:42	4.4	3:40	5.3	10:08	3.2	11:00	0.2	7:26	6:21	
24	Sat	6:49	4.4	4:36	4.9	11:26	3.3			7:27	6:20	
25	Sun	7:49	4.4	5:42	4.6	12:00	0.5	12:50	3.1	7:28	6:19	
26	Mon	8:35	4.5	6:56	4.4	1:02	0.6	2:00	2.8	7:29	6:17	
27	Tue	9:10	4.7	8:08	4.4	1:57	0.7	2:56	2.4	7:30	6:16	
28	Wed	9:38	4.9	9:14	4.4	2:44	0.9	3:41	1.9	7:31	6:15	
29	Thu	10:04	5.2	10:13	4.4	3:25	1.0	4:21	1.3	7:32	6:14	
30	Fri	10:30	5.5	11:07	4.5	4:01	1.2	4:56	0.8	7:33	6:13	
31	Sat	10:56	5.8			4:36	1.5	5:31	0.3	7:34	6:12	