























## Point San Quentin, CA - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:24	6.0	11:50	4.7	4:11	1.8	5:06	-0.1	6:36	5:10	
2	Mon	10:55	6.2			4:46	2.1	5:43	-0.5	6:37	5:09	
3	Tue	12:41	4.7	11:29 AM	6.4	5:24	2.4	6:24	-0.8	6:38	5:08	
4	Wed	1:33	4.7	12:07	6.5	6:04	2.7	7:08	-0.9	6:39	5:07	
5	Thu	2:28	4.7	12:51	6.4	6:49	2.9	7:57	-0.9	6:40	5:06	
6	Fri	3:25	4.6	1:41	6.2	7:42	3.0	8:51	-0.8	6:41	5:05	
7	Sat	4:25	4.6	2:38	5.9	8:46	3.1	9:50	-0.6	6:42	5:04	
8	Sun	5:24	4.7	3:46	5.4	10:08	3.0	10:52	-0.3	6:43	5:03	
9	Mon	6:20	4.9	5:04	5.0	11:39	2.6	11:55	0.1	6:44	5:03	
10	Tue	7:09	5.2	6:28	4.7			12:58	2.1	6:45	5:02	
11	Wed	7:53	5.6	7:50	4.5	12:54	0.4	2:04	1.4	6:46	5:01	
12	Thu	8:33	5.9	9:05	4.5	1:47	0.8	2:59	0.7	6:47	5:00	
13	Fri	9:10	6.2	10:12	4.6	2:36	1.2	3:48	0.0	6:48	4:59	
14	Sat	9:45	6.4	11:12	4.7	3:21	1.7	4:32	-0.4	6:49	4:58	
15	Sun	10:20	6.5			4:05	2.1	5:14	-0.7	6:50	4:58	
16	Mon	12:07	4.8	10:55 AM	6.4	4:49	2.4	5:53	-0.8	6:52	4:57	
17	Tue	12:59	4.8	11:29 AM	6.3	5:32	2.7	6:32	-0.8	6:53	4:56	
18	Wed	1:47	4.8	12:05	6.1	6:15	2.9	7:11	-0.7	6:54	4:56	
19	Thu	2:35	4.7	12:42	5.9	7:00	3.1	7:51	-0.5	6:55	4:55	
20	Fri	3:21	4.6	1:22	5.6	7:47	3.2	8:33	-0.3	6:56	4:55	
21	Sat	4:08	4.5	2:05	5.2	8:41	3.2	9:17	0.0	6:57	4:54	
22	Sun	4:54	4.5	2:54	4.9	9:46	3.1	10:04	0.3	6:58	4:53	
23	Mon	5:38	4.5	3:52	4.4	11:02	3.0	10:52	0.6	6:59	4:53	
24	Tue	6:18	4.7	5:01	4.1			12:15	2.6	7:00	4:53	
25	Wed	6:54	4.9	6:22	3.8			1:16	2.1	7:01	4:52	
26	Thu	7:27	5.2	7:43	3.8	12:31	1.2	2:07	1.6	7:02	4:52	
27	Fri	7:59	5.5	8:57	3.9	1:18	1.6	2:49	1.0	7:03	4:51	
28	Sat	8:31	5.8	10:02	4.1	2:04	1.9	3:29	0.4	7:04	4:51	
29	Sun	9:05	6.1	10:59	4.4	2:48	2.2	4:07	-0.2	7:05	4:51	
30	Mon	9:41	6.4	11:52	4.6	3:31	2.5	4:46	-0.7	7:06	4:51	