






























Point San Quentin, CA - Feb 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:49	5.7	1:23	6.0	7:21	1.2	7:42	-0.4	7:13	5:33	
2	Tue	2:27	5.9	2:21	5.4	8:18	1.0	8:23	0.3	7:12	5:34	
3	Wed	3:06	6.0	3:24	4.7	9:19	0.8	9:06	1.0	7:12	5:35	
4	Thu	3:49	6.1	4:40	4.1	10:27	0.7	9:55	1.7	7:11	5:36	
5	Fri	4:36	6.0	6:15	3.8	11:40	0.6	10:56	2.3	7:10	5:37	
6	Sat	5:30	5.9	7:58	3.9			12:55	0.4	7:09	5:38	
7	Sun	6:30	5.8	9:17	4.1	12:13	2.8	2:04	0.2	7:08	5:39	
8	Mon	7:31	5.7	10:12	4.4	1:33	2.9	3:02	0.0	7:07	5:41	
9	Tue	8:28	5.8	10:54	4.6	2:40	2.9	3:50	-0.1	7:06	5:42	
10	Wed	9:19	5.8	11:29	4.7	3:34	2.7	4:30	-0.2	7:05	5:43	
11	Thu	10:03	5.8	11:58	4.8	4:18	2.5	5:04	-0.2	7:03	5:44	
12	Fri	10:44	5.7			4:57	2.3	5:34	-0.2	7:02	5:45	
13	Sat	12:24	4.8	11:22 AM	5.6	5:33	2.1	6:02	-0.1	7:01	5:46	
14	Sun	12:47	4.9	11:59 AM	5.5	6:07	1.9	6:28	0.1	7:00	5:47	
15	Mon	1:09	5.0	12:36	5.2	6:41	1.7	6:54	0.3	6:59	5:48	
16	Tue	1:32	5.2	1:15	4.9	7:16	1.5	7:20	0.7	6:58	5:49	
17	Wed	1:56	5.3	1:57	4.6	7:53	1.3	7:48	1.1	6:56	5:50	
18	Thu	2:23	5.4	2:46	4.2	8:36	1.1	8:19	1.5	6:55	5:51	
19	Fri	2:54	5.5	3:47	3.8	9:25	1.0	8:54	2.0	6:54	5:52	
20	Sat	3:31	5.5	5:12	3.6	10:24	0.8	9:38	2.5	6:53	5:54	
21	Sun	4:18	5.6	7:00	3.5	11:35	0.6	10:43	2.9	6:51	5:55	
22	Mon	5:17	5.6	8:30	3.8			12:51	0.3	6:50	5:56	
23	Tue	6:26	5.8	9:27	4.1	12:12	3.0	1:58	-0.1	6:49	5:57	
24	Wed	7:36	6.0	10:08	4.5	1:36	2.9	2:56	-0.5	6:47	5:58	
25	Thu	8:41	6.2	10:45	4.8	2:43	2.6	3:45	-0.8	6:46	5:59	
26	Fri	9:41	6.4	11:20	5.1	3:40	2.1	4:30	-0.9	6:45	6:00	
27	Sat	10:37	6.4	11:55	5.5	4:33	1.5	5:12	-0.8	6:43	6:01	
28	Sun	11:32	6.2			5:24	1.0	5:52	-0.5	6:42	6:02	