
























Point San Quentin, CA - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:01	5.9	4:19	4.5	9:02	-0.9	8:55	2.7	6:13	8:00	
2	Sun	2:43	5.6	5:15	4.4	9:49	-0.6	9:53	2.8	6:12	8:01	
3	Mon	3:28	5.2	6:14	4.3	10:39	-0.3	11:03	2.9	6:11	8:02	
4	Tue	4:20	4.8	7:11	4.3	11:33	0.0			6:09	8:03	
5	Wed	5:20	4.4	8:00	4.4	12:22	2.7	12:30	0.3	6:08	8:04	
6	Thu	6:31	4.1	8:40	4.5	1:35	2.5	1:25	0.5	6:07	8:05	
7	Fri	7:47	3.9	9:13	4.7	2:37	2.0	2:15	0.8	6:06	8:06	
8	Sat	9:00	3.8	9:42	5.0	3:28	1.6	3:00	1.0	6:05	8:06	
9	Sun	10:05	3.9	10:09	5.2	4:12	1.0	3:40	1.3	6:04	8:07	
10	Mon	11:04	4.0	10:37	5.5	4:50	0.6	4:18	1.6	6:03	8:08	
11	Tue	11:57	4.1	11:07	5.7	5:25	0.1	4:55	1.9	6:02	8:09	
12	Wed			12:47	4.3	5:59	-0.3	5:31	2.1	6:01	8:10	
13	Thu			1:35	4.4	6:34	-0.7	6:10	2.4	6:00	8:11	
14	Fri	12:14	6.1	2:23	4.4	7:12	-0.9	6:50	2.5	6:00	8:12	
15	Sat	12:51	6.1	3:12	4.5	7:53	-1.1	7:34	2.7	5:59	8:13	
16	Sun	1:33	6.1	4:02	4.5	8:37	-1.2	8:23	2.8	5:58	8:14	
17	Mon	2:19	6.0	4:53	4.5	9:25	-1.1	9:21	2.8	5:57	8:14	
18	Tue	3:11	5.7	5:45	4.6	10:17	-1.0	10:31	2.7	5:56	8:15	
19	Wed	4:11	5.3	6:36	4.7	11:11	-0.7	11:52	2.4	5:56	8:16	
20	Thu	5:20	4.8	7:25	5.0			12:08	-0.3	5:55	8:17	
21	Fri	6:41	4.4	8:11	5.4	1:14	1.9	1:05	0.2	5:54	8:18	
22	Sat	8:07	4.1	8:54	5.7	2:25	1.3	2:01	0.6	5:54	8:19	
23	Sun	9:30	4.1	9:35	6.0	3:26	0.6	2:54	1.1	5:53	8:19	
24	Mon	10:44	4.2	10:15	6.3	4:20	-0.1	3:45	1.5	5:52	8:20	
25	Tue	11:50	4.3	10:55	6.4	5:08	-0.6	4:35	1.9	5:52	8:21	
26	Wed			12:48	4.5	5:54	-1.0	5:24	2.3	5:51	8:22	
27	Thu			1:41	4.6	6:37	-1.1	6:12	2.5	5:51	8:23	
28	Fri	12:14	6.3	2:31	4.6	7:18	-1.2	6:59	2.7	5:50	8:23	
29	Sat	12:54	6.2	3:18	4.6	7:59	-1.1	7:47	2.8	5:50	8:24	
30	Sun	1:34	5.9	4:02	4.6	8:40	-0.9	8:37	2.8	5:49	8:25	
31	Mon	2:15	5.6	4:46	4.5	9:21	-0.7	9:31	2.8	5:49	8:25	