
































## Point San Quentin, CA - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:58	5.2	5:28	4.5	10:03	-0.4	10:31	2.8	5:48	8:26	
2	Wed	3:44	4.8	6:09	4.5	10:45	0.0	11:39	2.6	5:48	8:27	
3	Thu	4:38	4.3	6:47	4.7	11:29	0.3			5:48	8:27	
4	Fri	5:42	3.9	7:24	4.8	12:49	2.3	12:15	0.8	5:47	8:28	
5	Sat	6:59	3.6	7:59	5.1	1:54	1.9	1:02	1.2	5:47	8:29	
6	Sun	8:25	3.4	8:34	5.3	2:49	1.4	1:51	1.6	5:47	8:29	
7	Mon	9:46	3.5	9:09	5.6	3:36	0.9	2:39	1.9	5:47	8:30	
8	Tue	10:55	3.7	9:45	5.9	4:18	0.4	3:26	2.3	5:47	8:30	
9	Wed	11:52	4.0	10:23	6.1	4:57	-0.1	4:12	2.5	5:47	8:31	
10	Thu			12:43	4.2	5:36	-0.6	4:57	2.7	5:46	8:31	
11	Fri			1:30	4.4	6:15	-1.0	5:43	2.8	5:46	8:32	
12	Sat			2:14	4.6	6:57	-1.2	6:31	2.8	5:46	8:32	
13	Sun	12:32	6.5	2:58	4.7	7:39	-1.4	7:21	2.7	5:46	8:33	
14	Mon	1:20	6.5	3:41	4.8	8:24	-1.4	8:16	2.6	5:46	8:33	
15	Tue	2:10	6.2	4:24	5.0	9:09	-1.3	9:17	2.5	5:46	8:34	
16	Wed	3:04	5.8	5:08	5.2	9:55	-0.9	10:25	2.2	5:46	8:34	
17	Thu	4:05	5.3	5:53	5.4	10:43	-0.4	11:41	1.9	5:47	8:34	
18	Fri	5:14	4.6	6:38	5.7	11:33	0.2			5:47	8:35	
19	Sat	6:36	4.1	7:25	5.9	12:58	1.4	12:26	0.8	5:47	8:35	
20	Sun	8:08	3.8	8:12	6.2	2:10	0.8	1:23	1.4	5:47	8:35	
21	Mon	9:39	3.8	8:58	6.4	3:13	0.2	2:22	2.0	5:47	8:35	
22	Tue	10:55	4.1	9:44	6.5	4:09	-0.2	3:21	2.4	5:47	8:35	
23	Wed	11:58	4.3	10:29	6.5	4:59	-0.6	4:17	2.6	5:48	8:36	
24	Thu			12:50	4.5	5:44	-0.8	5:10	2.8	5:48	8:36	
25	Fri			1:37	4.7	6:26	-0.9	6:00	2.8	5:48	8:36	
26	Sat			2:18	4.7	7:05	-0.9	6:46	2.8	5:49	8:36	
27	Sun	12:36	6.1	2:56	4.7	7:42	-0.8	7:31	2.8	5:49	8:36	
28	Mon	1:15	5.9	3:31	4.7	8:17	-0.7	8:16	2.7	5:49	8:36	
29	Tue	1:54	5.6	4:03	4.8	8:51	-0.4	9:02	2.7	5:50	8:36	
30	Wed	2:34	5.3	4:34	4.8	9:25	-0.2	9:52	2.5	5:50	8:36	