















Point San Quentin, CA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:16	4.8	5:05	4.9	9:59	0.2	10:48	2.4	5:51	8:36	
2	Fri	4:04	4.4	5:37	5.0	10:34	0.7	11:50	2.2	5:51	8:36	
3	Sat	5:03	3.9	6:12	5.2	11:12	1.1			5:52	8:36	
4	Sun	6:19	3.5	6:50	5.4	12:55	1.8	11:55 AM	1.7	5:52	8:35	
5	Mon	7:55	3.4	7:32	5.6	1:58	1.4	12:45	2.1	5:53	8:35	
6	Tue	9:31	3.5	8:16	5.9	2:53	0.9	1:43	2.5	5:53	8:35	
7	Wed	10:46	3.8	9:03	6.1	3:43	0.4	2:43	2.8	5:54	8:35	
8	Thu	11:42	4.1	9:51	6.4	4:28	-0.1	3:40	2.9	5:55	8:34	
9	Fri			12:28	4.4	5:12	-0.6	4:34	2.9	5:55	8:34	
10	Sat			1:09	4.6	5:56	-1.0	5:25	2.8	5:56	8:34	
11	Sun			1:48	4.8	6:39	-1.2	6:17	2.6	5:56	8:33	
12	Mon	12:20	6.8	2:27	5.0	7:21	-1.3	7:10	2.4	5:57	8:33	
13	Tue	1:11	6.7	3:05	5.3	8:04	-1.2	8:06	2.1	5:58	8:33	
14	Wed	2:04	6.4	3:44	5.5	8:46	-0.9	9:05	1.8	5:59	8:32	
15	Thu	3:00	5.8	4:24	5.7	9:29	-0.4	10:10	1.5	5:59	8:32	
16	Fri	4:01	5.2	5:07	6.0	10:13	0.2	11:20	1.3	6:00	8:31	
17	Sat	5:12	4.5	5:52	6.1	11:00	0.9			6:01	8:30	
18	Sun	6:37	4.0	6:42	6.2	12:34	0.9	11:53 AM	1.6	6:01	8:30	
19	Mon	8:15	3.8	7:34	6.3	1:48	0.6	12:56	2.2	6:02	8:29	
20	Tue	9:47	4.0	8:29	6.3	2:56	0.2	2:05	2.6	6:03	8:29	
21	Wed	10:57	4.3	9:23	6.4	3:55	-0.1	3:13	2.8	6:04	8:28	
22	Thu	11:51	4.6	10:13	6.3	4:46	-0.3	4:13	2.9	6:05	8:27	
23	Fri			12:36	4.7	5:31	-0.4	5:05	2.8	6:05	8:26	
24	Sat			1:14	4.8	6:10	-0.5	5:51	2.7	6:06	8:26	
25	Sun			1:48	4.9	6:46	-0.5	6:33	2.6	6:07	8:25	
26	Mon	12:22	6.0	2:18	4.9	7:18	-0.4	7:13	2.5	6:08	8:24	
27	Tue	1:00	5.8	2:45	4.9	7:48	-0.2	7:52	2.4	6:09	8:23	
28	Wed	1:38	5.6	3:10	5.0	8:17	0.0	8:31	2.2	6:09	8:22	
29	Thu	2:16	5.2	3:35	5.1	8:46	0.4	9:13	2.1	6:10	8:22	
30	Fri	2:57	4.8	4:02	5.2	9:15	0.7	9:59	1.9	6:11	8:21	
31	Sat	3:43	4.4	4:32	5.4	9:46	1.2	10:51	1.8	6:12	8:20	