

































Point San Quentin, CA - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:40	4.0	5:07	5.5	10:20	1.7	11:51	1.6	6:13	8:19	
2	Mon	5:56	3.7	5:48	5.6	11:00	2.2			6:14	8:18	
3	Tue	7:37	3.5	6:37	5.7	12:59	1.3	11:54 AM	2.7	6:14	8:17	
4	Wed	9:19	3.7	7:33	5.9	2:06	0.9	1:04	3.0	6:15	8:16	
5	Thu	10:29	4.0	8:31	6.2	3:06	0.4	2:19	3.1	6:16	8:15	
6	Fri	11:17	4.3	9:29	6.4	3:59	-0.1	3:24	3.0	6:17	8:13	
7	Sat	11:57	4.6	10:24	6.7	4:47	-0.5	4:21	2.8	6:18	8:12	
8	Sun			12:34	4.9	5:32	-0.8	5:14	2.4	6:19	8:11	
9	Mon			1:09	5.1	6:14	-0.9	6:06	2.0	6:20	8:10	
10	Tue	12:12	6.8	1:45	5.4	6:56	-0.9	6:58	1.6	6:21	8:09	
11	Wed	1:05	6.6	2:21	5.7	7:36	-0.6	7:52	1.3	6:21	8:08	
12	Thu	2:00	6.2	2:58	6.0	8:17	-0.2	8:48	1.0	6:22	8:07	
13	Fri	2:58	5.6	3:38	6.2	8:58	0.4	9:48	0.7	6:23	8:05	
14	Sat	4:01	5.0	4:20	6.3	9:42	1.1	10:53	0.6	6:24	8:04	
15	Sun	5:13	4.5	5:07	6.3	10:31	1.8			6:25	8:03	
16	Mon	6:40	4.1	6:01	6.2	12:04	0.5	11:30 AM	2.4	6:26	8:02	
17	Tue	8:17	4.1	7:01	6.1	1:19	0.4	12:44	2.8	6:27	8:00	
18	Wed	9:40	4.3	8:05	6.0	2:31	0.3	2:05	3.0	6:27	7:59	
19	Thu	10:40	4.6	9:06	6.0	3:33	0.2	3:14	2.9	6:28	7:58	
20	Fri	11:26	4.8	10:00	6.0	4:25	0.0	4:11	2.7	6:29	7:56	
21	Sat			12:04	4.9	5:08	0.0	4:58	2.5	6:30	7:55	
22	Sun			12:36	4.9	5:44	0.0	5:40	2.3	6:31	7:54	
23	Mon			1:04	5.0	6:17	0.1	6:17	2.1	6:32	7:52	
24	Tue	12:10	5.7	1:28	5.1	6:46	0.2	6:53	1.9	6:33	7:51	
25	Wed	12:49	5.6	1:50	5.2	7:13	0.4	7:27	1.7	6:34	7:49	
26	Thu	1:27	5.3	2:13	5.3	7:40	0.7	8:02	1.5	6:34	7:48	
27	Fri	2:06	5.0	2:37	5.4	8:07	1.1	8:38	1.4	6:35	7:46	
28	Sat	2:49	4.7	3:03	5.5	8:35	1.4	9:19	1.2	6:36	7:45	
29	Sun	3:36	4.4	3:34	5.6	9:05	1.9	10:05	1.1	6:37	7:44	
30	Mon	4:35	4.1	4:10	5.6	9:39	2.3	11:00	1.0	6:38	7:42	
31	Tue	5:52	3.8	4:56	5.6	10:22	2.7			6:39	7:41	