



































Point San Quentin, CA - Jan 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:55	5.4	6:48	3.5			12:56	1.5	7:25	5:01	
2	Mon	6:38	5.5	8:22	3.6			1:55	1.1	7:25	5:01	
3	Tue	7:22	5.6	9:34	3.8	12:56	2.4	2:46	0.7	7:25	5:02	
4	Wed	8:05	5.8	10:28	4.1	1:55	2.6	3:30	0.3	7:26	5:03	
5	Thu	8:47	5.9	11:11	4.3	2:47	2.8	4:08	0.0	7:26	5:04	
6	Fri	9:28	6.1	11:48	4.5	3:34	2.8	4:44	-0.3	7:26	5:05	
7	Sat	10:09	6.2			4:16	2.8	5:17	-0.5	7:26	5:06	
8	Sun	12:22	4.7	10:49 AM	6.3	4:56	2.7	5:50	-0.7	7:25	5:07	
9	Mon	12:55	4.8	11:30 AM	6.3	5:35	2.6	6:23	-0.8	7:25	5:08	
10	Tue	1:27	4.9	12:11	6.1	6:16	2.4	6:58	-0.7	7:25	5:08	
11	Wed	2:00	5.1	12:54	5.9	7:01	2.3	7:33	-0.6	7:25	5:09	
12	Thu	2:34	5.2	1:42	5.6	7:50	2.0	8:11	-0.2	7:25	5:10	
13	Fri	3:11	5.4	2:35	5.1	8:45	1.8	8:51	0.2	7:25	5:11	
14	Sat	3:50	5.6	3:39	4.5	9:47	1.6	9:36	0.8	7:24	5:12	
15	Sun	4:33	5.8	4:59	4.0	10:59	1.2	10:27	1.4	7:24	5:14	
16	Mon	5:22	6.0	6:36	3.8			12:14	0.8	7:24	5:15	
17	Tue	6:16	6.2	8:12	3.9			1:27	0.3	7:23	5:16	
18	Wed	7:14	6.4	9:29	4.2	12:40	2.4	2:30	-0.2	7:23	5:17	
19	Thu	8:12	6.5	10:28	4.6	1:52	2.6	3:26	-0.6	7:22	5:18	
20	Fri	9:08	6.6	11:17	4.9	2:58	2.6	4:16	-0.8	7:22	5:19	
21	Sat	10:01	6.7			3:57	2.5	5:01	-1.0	7:21	5:20	
22	Sun	12:00	5.1	10:50 AM	6.6	4:50	2.3	5:43	-1.0	7:21	5:21	
23	Mon	12:39	5.2	11:37 AM	6.4	5:40	2.1	6:22	-0.8	7:20	5:22	
24	Tue	1:16	5.3	12:23	6.1	6:28	2.0	6:59	-0.5	7:20	5:23	
25	Wed	1:51	5.4	1:07	5.7	7:15	1.8	7:34	-0.2	7:19	5:24	
26	Thu	2:24	5.4	1:52	5.2	8:02	1.7	8:09	0.3	7:18	5:25	
27	Fri	2:57	5.4	2:39	4.6	8:51	1.7	8:45	0.8	7:18	5:27	
28	Sat	3:30	5.4	3:33	4.1	9:45	1.6	9:22	1.4	7:17	5:28	
29	Sun	4:05	5.4	4:40	3.7	10:46	1.5	10:04	1.9	7:16	5:29	
30	Mon	4:45	5.3	6:11	3.5	11:54	1.4	10:57	2.4	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	5:32	5.4	7:57	3.5			1:02	1.1	7:15	5:31	