



































Point San Quentin, CA - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:06	5.0	1:58	5.1	8:18	2.4	8:33	0.0	7:25	5:01	
2	Wed	3:41	5.1	2:48	4.7	9:11	2.2	9:13	0.4	7:25	5:02	
3	Thu	4:20	5.3	3:49	4.3	10:14	2.0	9:57	0.9	7:26	5:03	
4	Fri	5:02	5.5	5:09	3.9	11:24	1.6	10:49	1.4	7:26	5:04	
5	Sat	5:48	5.7	6:45	3.7			12:35	1.1	7:26	5:05	
6	Sun	6:39	6.0	8:18	3.9			1:41	0.5	7:26	5:05	
7	Mon	7:32	6.3	9:32	4.2	12:56	2.2	2:39	-0.1	7:25	5:06	
8	Tue	8:25	6.6	10:32	4.5	2:02	2.4	3:32	-0.6	7:25	5:07	
9	Wed	9:19	6.8	11:23	4.9	3:04	2.4	4:22	-1.1	7:25	5:08	
10	Thu	10:11	7.0			4:02	2.4	5:09	-1.3	7:25	5:09	
11	Fri	12:09	5.1	11:03 AM	7.0	4:57	2.2	5:55	-1.3	7:25	5:10	
12	Sat	12:53	5.3	11:54 AM	6.8	5:51	2.1	6:39	-1.2	7:25	5:11	
13	Sun	1:35	5.5	12:45	6.4	6:45	1.9	7:22	-0.9	7:24	5:12	
14	Mon	2:16	5.6	1:36	5.9	7:41	1.8	8:04	-0.5	7:24	5:13	
15	Tue	2:58	5.7	2:29	5.3	8:39	1.7	8:47	0.1	7:24	5:14	
16	Wed	3:39	5.7	3:27	4.7	9:41	1.6	9:31	0.7	7:23	5:15	
17	Thu	4:22	5.6	4:36	4.1	10:48	1.5	10:20	1.3	7:23	5:16	
18	Fri	5:08	5.6	6:00	3.7			12:00	1.3	7:23	5:17	
19	Sat	5:56	5.6	7:37	3.7			1:09	1.0	7:22	5:19	
20	Sun	6:46	5.6	9:00	3.9	12:20	2.3	2:10	0.7	7:22	5:20	
21	Mon	7:36	5.7	9:59	4.1	1:26	2.6	3:02	0.4	7:21	5:21	
22	Tue	8:24	5.7	10:45	4.3	2:26	2.7	3:45	0.2	7:20	5:22	
23	Wed	9:08	5.8	11:22	4.5	3:17	2.7	4:23	0.0	7:20	5:23	
24	Thu	9:50	5.9	11:54	4.6	4:01	2.6	4:57	-0.2	7:19	5:24	
25	Fri	10:30	6.0			4:41	2.5	5:28	-0.3	7:19	5:25	
26	Sat	12:24	4.8	11:08 AM	6.0	5:18	2.4	5:58	-0.3	7:18	5:26	
27	Sun	12:52	4.9	11:47 AM	5.9	5:54	2.2	6:27	-0.3	7:17	5:27	
28	Mon	1:20	5.0	12:26	5.7	6:31	2.0	6:58	-0.2	7:16	5:28	
29	Tue	1:50	5.2	1:07	5.5	7:11	1.9	7:29	0.0	7:16	5:30	
30	Wed	2:21	5.3	1:51	5.1	7:55	1.7	8:04	0.3	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	2:54	5.5	2:42	4.7	8:44	1.5	8:41	0.8	7:14	5:32	