



































## Point San Quentin, CA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:36	5.1	5:12	3.8	11:59	2.1	11:18	1.4	7:25	5:01	
2	Sat	6:19	5.2	6:38	3.6			1:04	1.7	7:25	5:01	
3	Sun	7:01	5.4	8:05	3.6	12:14	1.8	2:01	1.3	7:25	5:02	
4	Mon	7:43	5.6	9:18	3.8	1:10	2.1	2:49	0.9	7:26	5:03	
5	Tue	8:23	5.8	10:14	4.1	2:04	2.3	3:31	0.4	7:26	5:04	
6	Wed	9:03	6.0	11:00	4.3	2:53	2.5	4:08	0.1	7:26	5:05	
7	Thu	9:42	6.1	11:41	4.5	3:38	2.5	4:44	-0.3	7:26	5:06	
8	Fri	10:22	6.3			4:20	2.6	5:19	-0.6	7:25	5:07	
9	Sat	12:20	4.7	11:02 AM	6.4	5:01	2.5	5:55	-0.8	7:25	5:08	
10	Sun	12:58	4.9	11:44 AM	6.4	5:43	2.5	6:33	-0.9	7:25	5:09	
11	Mon	1:36	5.0	12:27	6.3	6:27	2.4	7:12	-0.9	7:25	5:09	
12	Tue	2:14	5.2	1:14	6.1	7:15	2.2	7:53	-0.7	7:25	5:10	
13	Wed	2:54	5.3	2:04	5.7	8:08	2.1	8:36	-0.4	7:25	5:11	
14	Thu	3:36	5.5	3:01	5.2	9:09	1.9	9:22	0.1	7:24	5:13	
15	Fri	4:22	5.6	4:10	4.6	10:18	1.7	10:14	0.6	7:24	5:14	
16	Sat	5:11	5.8	5:33	4.2	11:35	1.4	11:11	1.2	7:24	5:15	
17	Sun	6:03	6.0	7:06	4.0			12:51	0.9	7:23	5:16	
18	Mon	6:58	6.2	8:33	4.1	12:16	1.7	2:00	0.4	7:23	5:17	
19	Tue	7:53	6.3	9:45	4.4	1:24	2.0	2:59	-0.1	7:22	5:18	
20	Wed	8:45	6.5	10:42	4.7	2:28	2.2	3:50	-0.4	7:22	5:19	
21	Thu	9:36	6.5	11:31	5.0	3:27	2.3	4:37	-0.7	7:21	5:20	
22	Fri	10:23	6.5			4:20	2.3	5:19	-0.8	7:21	5:21	
23	Sat	12:15	5.1	11:08 AM	6.4	5:10	2.2	5:58	-0.7	7:20	5:22	
24	Sun	12:56	5.2	11:50 AM	6.2	5:56	2.2	6:36	-0.6	7:20	5:23	
25	Mon	1:33	5.2	12:32	5.9	6:41	2.1	7:11	-0.4	7:19	5:24	
26	Tue	2:08	5.2	1:12	5.6	7:25	2.1	7:46	-0.1	7:18	5:25	
27	Wed	2:42	5.2	1:53	5.2	8:10	2.0	8:21	0.3	7:18	5:27	
28	Thu	3:15	5.1	2:37	4.7	8:58	2.0	8:57	0.7	7:17	5:28	
29	Fri	3:49	5.1	3:27	4.2	9:51	1.9	9:35	1.2	7:16	5:29	
30	Sat	4:26	5.1	4:30	3.8	10:53	1.8	10:19	1.7	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Sun	<b>5:08</b>	5.2	<b>5:54</b>	3.5			<b>12:00</b>	1.6	7:15	5:31	