





























## Point San Quentin, CA - Aug 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:49	5.1	5:54	-0.7	5:42	2.2	6:13	8:18	
2	Tue			1:32	5.3	6:37	-0.7	6:32	2.1	6:14	8:17	
3	Wed	12:32	6.4	2:11	5.3	7:17	-0.6	7:20	2.1	6:15	8:16	
4	Thu	1:17	6.2	2:48	5.4	7:55	-0.3	8:06	2.0	6:16	8:15	
5	Fri	2:01	5.8	3:24	5.4	8:33	0.0	8:53	1.9	6:17	8:14	
6	Sat	2:45	5.4	3:58	5.3	9:09	0.4	9:42	1.9	6:18	8:13	
7	Sun	3:31	4.9	4:33	5.3	9:47	0.8	10:35	1.8	6:18	8:12	
8	Mon	4:22	4.5	5:11	5.3	10:26	1.3	11:34	1.8	6:19	8:11	
9	Tue	5:23	4.1	5:52	5.3	11:11	1.8			6:20	8:09	
10	Wed	6:41	3.8	6:38	5.3	12:39	1.6	12:05	2.2	6:21	8:08	
11	Thu	8:13	3.7	7:28	5.4	1:45	1.4	1:08	2.5	6:22	8:07	
12	Fri	9:34	3.9	8:20	5.6	2:44	1.1	2:14	2.7	6:23	8:06	
13	Sat	10:33	4.1	9:11	5.8	3:35	0.8	3:12	2.7	6:24	8:05	
14	Sun	11:17	4.4	9:58	6.0	4:20	0.4	4:01	2.7	6:24	8:03	
15	Mon	11:55	4.6	10:44	6.1	4:59	0.1	4:45	2.5	6:25	8:02	
16	Tue			12:29	4.8	5:37	-0.1	5:27	2.3	6:26	8:01	
17	Wed			1:03	5.1	6:13	-0.3	6:08	2.1	6:27	8:00	
18	Thu	12:14	6.3	1:37	5.3	6:50	-0.4	6:51	1.8	6:28	7:58	
19	Fri	1:00	6.3	2:12	5.5	7:27	-0.3	7:37	1.6	6:29	7:57	
20	Sat	1:48	6.1	2:49	5.7	8:06	-0.1	8:26	1.3	6:30	7:56	
21	Sun	2:39	5.7	3:28	5.8	8:47	0.3	9:20	1.1	6:31	7:54	
22	Mon	3:36	5.3	4:10	6.0	9:31	0.7	10:20	1.0	6:31	7:53	
23	Tue	4:41	4.9	4:57	6.0	10:20	1.3	11:28	0.8	6:32	7:51	
24	Wed	5:58	4.5	5:51	6.1	11:18	1.8			6:33	7:50	
25	Thu	7:25	4.3	6:52	6.1	12:43	0.6	12:27	2.2	6:34	7:49	
26	Fri	8:50	4.4	7:56	6.1	1:57	0.4	1:43	2.4	6:35	7:47	
27	Sat	10:00	4.7	8:58	6.2	3:04	0.2	2:54	2.4	6:36	7:46	
28	Sun	10:55	5.0	9:57	6.3	4:02	0.0	3:56	2.3	6:37	7:44	
29	Mon	11:41	5.2	10:50	6.3	4:51	-0.2	4:50	2.1	6:37	7:43	
30	Tue			12:22	5.3	5:35	-0.2	5:38	1.9	6:38	7:41	
31	Wed			12:58	5.4	6:14	-0.1	6:22	1.7	6:39	7:40	