



































## Point San Quentin, CA - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:30	6.3	10:05	4.3	1:58	1.8	3:29	0.1	7:25	5:01	
2	Wed	9:12	6.3	11:04	4.5	2:52	2.2	4:14	-0.3	7:25	5:02	
3	Thu	9:51	6.4	11:53	4.7	3:42	2.5	4:55	-0.5	7:25	5:02	
4	Fri	10:28	6.3			4:29	2.6	5:32	-0.6	7:26	5:03	
5	Sat	12:38	4.8	11:05 AM	6.2	5:12	2.8	6:07	-0.6	7:26	5:04	
6	Sun	1:17	4.8	11:40 AM	6.1	5:53	2.8	6:41	-0.6	7:26	5:05	
7	Mon	1:53	4.8	12:16	5.9	6:33	2.8	7:14	-0.5	7:25	5:06	
8	Tue	2:27	4.8	12:51	5.7	7:12	2.8	7:48	-0.3	7:25	5:07	
9	Wed	3:00	4.7	1:29	5.4	7:53	2.8	8:22	-0.1	7:25	5:08	
10	Thu	3:33	4.8	2:09	5.0	8:39	2.7	8:58	0.2	7:25	5:09	
11	Fri	4:07	4.8	2:55	4.6	9:33	2.6	9:36	0.5	7:25	5:10	
12	Sat	4:44	4.9	3:51	4.2	10:36	2.4	10:18	1.0	7:25	5:11	
13	Sun	5:23	5.1	5:07	3.8	11:45	2.1	11:06	1.4	7:24	5:12	
14	Mon	6:05	5.3	6:41	3.6			12:52	1.7	7:24	5:13	
15	Tue	6:48	5.5	8:15	3.7	12:01	1.8	1:50	1.1	7:24	5:14	
16	Wed	7:33	5.8	9:31	4.0	1:01	2.2	2:41	0.4	7:24	5:15	
17	Thu	8:20	6.2	10:31	4.4	2:01	2.5	3:29	-0.2	7:23	5:16	
18	Fri	9:07	6.5	11:21	4.7	2:57	2.6	4:14	-0.7	7:23	5:17	
19	Sat	9:56	6.8			3:50	2.6	5:00	-1.1	7:22	5:18	
20	Sun	12:08	4.9	10:45 AM	6.9	4:42	2.5	5:45	-1.4	7:22	5:19	
21	Mon	12:51	5.1	11:35 AM	7.0	5:33	2.4	6:31	-1.5	7:21	5:20	
22	Tue	1:34	5.3	12:26	6.8	6:26	2.2	7:16	-1.3	7:21	5:21	
23	Wed	2:17	5.4	1:19	6.5	7:21	2.0	8:02	-1.0	7:20	5:22	
24	Thu	3:00	5.5	2:15	5.9	8:20	1.8	8:48	-0.5	7:19	5:24	
25	Fri	3:44	5.6	3:16	5.2	9:26	1.7	9:36	0.1	7:19	5:25	
26	Sat	4:31	5.7	4:27	4.6	10:38	1.5	10:27	0.8	7:18	5:26	
27	Sun	5:20	5.8	5:53	4.1	11:54	1.2	11:26	1.5	7:17	5:27	
28	Mon	6:11	5.9	7:30	3.9			1:08	0.8	7:17	5:28	
29	Tue	7:04	5.9	8:58	4.1	12:31	2.0	2:14	0.4	7:16	5:29	
30	Wed	7:56	6.0	10:05	4.4	1:39	2.4	3:10	0.1	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Thu	<b>8:44</b>	6.0	<b>10:57</b>	4.6	<b>2:41</b>	2.6	<b>3:57</b>	-0.1	7:14	5:31	