US HARBORS www.USHarbors.com

Point San Quentin, CA - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:18	5.4	10:33	4.6	2:34	2.7	3:29	0.0	6:41	6:03	
2	Sat	9:09	5.5	11:09	4.7	3:28	2.5	4:11	-0.1	6:39	6:04	
3	Sun	9:55	5.5	11:40	4.8	4:12	2.3	4:47	-0.1	6:38	6:05	
4	Mon	10:36	5.6			4:50	2.1	5:20	-0.1	6:37	6:06	
5	Tue	12:07	4.8	11:14 AM	5.5	5:25	1.9	5:49	0.0	6:35	6:07	
6	Wed	12:32	4.9	11:52 AM	5.4	5:57	1.7	6:18	0.1	6:34	6:08	
7	Thu	12:56	5.0	12:29	5.2	6:29	1.5	6:45	0.3	6:32	6:09	
8	Fri	1:20	5.0	1:08	5.0	7:03	1.3	7:14	0.6	6:31	6:10	
9	Sat	1:46	5.1	1:49	4.7	7:39	1.1	7:44	0.9	6:29	6:11	
10	Sun	3:14	5.2	3:36	4.4	9:19	1.0	9:17	1.4	7:28	7:12	
11	Mon	3:45	5.3	4:34	4.1	10:06	0.8	9:55	1.8	7:26	7:13	
12	Tue	4:22	5.3	5:50	3.8	11:01	0.7	10:42	2.3	7:25	7:13	
13	Wed	5:08	5.3	7:24	3.7			12:08	0.5	7:23	7:14	
14	Thu	6:05	5.3	8:54	3.9			1:21	0.3	7:22	7:15	
15	Fri	7:14	5.4	9:59	4.3	1:13	2.8	2:32	0.0	7:20	7:16	
16	Sat	8:25	5.6	10:47	4.6	2:33	2.7	3:33	-0.4	7:19	7:17	
17	Sun	9:31	5.8	11:28	4.9	3:38	2.4	4:27	-0.7	7:17	7:18	
18	Mon	10:32	6.1			4:34	1.9	5:15	-0.8	7:16	7:19	
19	Tue	12:06	5.2	11:29 AM	6.2	5:26	1.4	6:00	-0.8	7:14	7:20	
20	Wed	12:43	5.5	12:24	6.1	6:15	0.9	6:42	-0.5	7:13	7:21	
21	Thu	1:19	5.7	1:18	5.9	7:04	0.5	7:24	-0.2	7:11	7:22	
22	Fri	1:56	5.9	2:13	5.5	7:54	0.1	8:05	0.4	7:10	7:23	
23	Sat	2:33	5.9	3:09	5.1	8:44	0.0	8:48	0.9	7:08	7:24	
24	Sun	3:11	5.9	4:10	4.7	9:36	-0.1	9:34	1.5	7:06	7:25	
25	Mon	3:51	5.7	5:19	4.3	10:32	0.0	10:26	2.1	7:05	7:26	
26	Tue	4:36	5.5	6:41	4.1	11:34	0.2	11:33	2.6	7:03	7:27	
27	Wed	5:28	5.2	8:09	4.1			12:42	0.3	7:02	7:28	
28	Thu	6:30	4.9	9:22	4.3	12:57	2.8	1:52	0.3	7:00	7:29	
29	Fri	7:40	4.8	10:14	4.5	2:18	2.7	2:55	0.3	6:59	7:29	
30	Sat	8:46	4.8	10:54	4.6	3:22	2.5	3:47	0.2	6:57	7:30	
31	Sun	9:44	4.8	11:26	4.7	4:12	2.2	4:31	0.2	6:56	7:31	