





























Point San Quentin, CA - Jun 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:28	4.3	5:47	-0.1	5:19	2.0	5:49	8:26	
2	Sun			1:18	4.4	6:23	-0.5	5:59	2.2	5:48	8:27	
3	Mon	12:06	6.2	2:07	4.5	7:01	-0.9	6:40	2.4	5:48	8:27	
4	Tue	12:44	6.3	2:57	4.6	7:42	-1.1	7:26	2.6	5:48	8:28	
5	Wed	1:26	6.3	3:48	4.7	8:26	-1.2	8:16	2.7	5:47	8:29	
6	Thu	2:11	6.1	4:39	4.8	9:14	-1.2	9:13	2.8	5:47	8:29	
7	Fri	3:02	5.9	5:32	4.8	10:05	-1.1	10:21	2.7	5:47	8:30	
8	Sat	4:00	5.5	6:25	5.0	11:00	-0.8	11:40	2.5	5:47	8:30	
9	Sun	5:07	5.0	7:17	5.2	11:57	-0.4			5:47	8:31	
10	Mon	6:25	4.6	8:05	5.5	1:01	2.1	12:55	0.0	5:46	8:31	
11	Tue	7:49	4.3	8:50	5.8	2:15	1.5	1:53	0.5	5:46	8:32	
12	Wed	9:13	4.2	9:33	6.1	3:18	0.9	2:47	0.9	5:46	8:32	
13	Thu	10:28	4.2	10:13	6.3	4:12	0.3	3:39	1.4	5:46	8:33	
14	Fri	11:35	4.4	10:53	6.4	5:02	-0.3	4:29	1.8	5:46	8:33	
15	Sat			12:34	4.5	5:47	-0.6	5:17	2.1	5:46	8:33	
16	Sun			1:28	4.6	6:29	-0.9	6:04	2.4	5:46	8:34	
17	Mon	12:09	6.4	2:17	4.7	7:09	-0.9	6:50	2.6	5:47	8:34	
18	Tue	12:47	6.2	3:04	4.7	7:49	-0.9	7:37	2.8	5:47	8:34	
19	Wed	1:24	6.0	3:48	4.7	8:28	-0.8	8:24	2.9	5:47	8:35	
20	Thu	2:03	5.7	4:30	4.7	9:07	-0.6	9:14	2.9	5:47	8:35	
21	Fri	2:43	5.4	5:12	4.7	9:47	-0.4	10:09	2.9	5:47	8:35	
22	Sat	3:26	5.0	5:52	4.7	10:28	-0.1	11:12	2.8	5:47	8:35	
23	Sun	4:15	4.6	6:32	4.8	11:12	0.3			5:48	8:36	
24	Mon	5:13	4.2	7:11	4.9	12:21	2.6	11:57 AM	0.6	5:48	8:36	
25	Tue	6:24	3.8	7:49	5.1	1:28	2.3	12:46	1.0	5:48	8:36	
26	Wed	7:47	3.6	8:26	5.4	2:27	1.8	1:35	1.4	5:49	8:36	
27	Thu	9:10	3.6	9:02	5.6	3:17	1.3	2:24	1.7	5:49	8:36	
28	Fri	10:23	3.8	9:39	5.9	4:01	0.8	3:13	2.0	5:49	8:36	
29	Sat	11:25	4.0	10:17	6.2	4:41	0.2	4:00	2.3	5:50	8:36	
30	Sun			12:19	4.3	5:21	-0.3	4:46	2.5	5:50	8:36	