




## Point San Quentin, CA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			1:08	4.6	6:01	-0.7	5:33	2.6	5:51	8:36	
2	Tue			1:55	4.8	6:43	-1.1	6:21	2.7	5:51	8:36	
3	Wed	12:24	6.7	2:41	4.9	7:27	-1.3	7:11	2.7	5:52	8:36	
4	Thu	1:12	6.7	3:26	5.0	8:12	-1.4	8:05	2.6	5:52	8:35	
5	Fri	2:02	6.5	4:11	5.2	8:59	-1.2	9:04	2.5	5:53	8:35	
6	Sat	2:55	6.1	4:57	5.3	9:47	-0.9	10:10	2.3	5:53	8:35	
7	Sun	3:54	5.6	5:45	5.5	10:36	-0.5	11:24	2.1	5:54	8:35	
8	Mon	5:01	5.0	6:33	5.7	11:28	0.1			5:54	8:35	
9	Tue	6:19	4.4	7:22	5.9	12:41	1.7	12:23	0.7	5:55	8:34	
10	Wed	7:48	4.1	8:10	6.1	1:56	1.2	1:21	1.3	5:56	8:34	
11	Thu	9:17	4.0	8:58	6.3	3:02	0.6	2:21	1.8	5:56	8:34	
12	Fri	10:35	4.2	9:43	6.4	3:59	0.1	3:19	2.2	5:57	8:33	
13	Sat	11:39	4.4	10:27	6.5	4:49	-0.2	4:14	2.5	5:58	8:33	
14	Sun			12:33	4.6	5:34	-0.5	5:05	2.6	5:58	8:32	
15	Mon			1:20	4.8	6:15	-0.6	5:53	2.8	5:59	8:32	
16	Tue			2:02	4.9	6:54	-0.6	6:38	2.8	6:00	8:31	
17	Wed	12:28	6.2	2:40	4.9	7:30	-0.6	7:20	2.8	6:01	8:31	
18	Thu	1:06	6.0	3:15	4.8	8:05	-0.5	8:02	2.8	6:01	8:30	
19	Fri	1:44	5.8	3:47	4.8	8:39	-0.3	8:44	2.7	6:02	8:29	
20	Sat	2:22	5.5	4:19	4.9	9:13	-0.1	9:29	2.6	6:03	8:29	
21	Sun	3:02	5.1	4:51	4.9	9:48	0.2	10:20	2.5	6:04	8:28	
22	Mon	3:47	4.7	5:25	5.0	10:24	0.6	11:18	2.4	6:04	8:27	
23	Tue	4:40	4.3	6:02	5.1	11:03	1.0			6:05	8:27	
24	Wed	5:47	3.9	6:41	5.3	12:23	2.1	11:47 AM	1.5	6:06	8:26	
25	Thu	7:14	3.6	7:24	5.5	1:28	1.7	12:39	1.9	6:07	8:25	
26	Fri	8:48	3.7	8:09	5.8	2:28	1.3	1:36	2.3	6:08	8:24	
27	Sat	10:09	3.9	8:56	6.1	3:20	0.7	2:36	2.6	6:08	8:23	
28	Sun	11:11	4.2	9:43	6.4	4:08	0.2	3:32	2.7	6:09	8:23	
29	Mon			12:02	4.5	4:54	-0.3	4:25	2.7	6:10	8:22	
30	Tue			12:47	4.8	5:39	-0.7	5:16	2.7	6:11	8:21	
31	Wed			1:29	5.0	6:23	-1.0	6:07	2.5	6:12	8:20	