




Point San Quentin, CA - Dec 2019

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 4:31 | 4.8 | 2:43 | 5.2 | 9:25 | 3.1 | 9:50 | -0.1 | 7:06 | 4:50 | ☾ |
| 2 | Mon | 5:26 | 4.8 | 3:39 | 4.7 | 10:40 | 3.0 | 10:43 | 0.3 | 7:07 | 4:50 | ☾ |
| 3 | Tue | 6:17 | 4.8 | 4:44 | 4.3 | 11:57 | 2.8 | 11:38 | 0.6 | 7:08 | 4:50 | ☾ |
| 4 | Wed | 7:02 | 4.9 | 6:00 | 4.0 | | | 1:04 | 2.4 | 7:09 | 4:50 | ☾ |
| 5 | Thu | 7:40 | 5.1 | 7:19 | 3.9 | 12:32 | 0.9 | 2:00 | 1.9 | 7:10 | 4:50 | ☾ |
| 6 | Fri | 8:13 | 5.3 | 8:31 | 3.9 | 1:22 | 1.2 | 2:47 | 1.4 | 7:11 | 4:50 | ☾ |
| 7 | Sat | 8:43 | 5.5 | 9:34 | 4.0 | 2:07 | 1.5 | 3:27 | 1.0 | 7:12 | 4:50 | ☾ |
| 8 | Sun | 9:13 | 5.7 | 10:29 | 4.2 | 2:49 | 1.8 | 4:03 | 0.5 | 7:13 | 4:50 | ☾ |
| 9 | Mon | 9:43 | 6.0 | 11:19 | 4.4 | 3:28 | 2.0 | 4:37 | 0.1 | 7:14 | 4:50 | ☾ |
| 10 | Tue | 10:15 | 6.1 | | | 4:06 | 2.3 | 5:10 | -0.3 | 7:14 | 4:50 | ☾ |
| 11 | Wed | 12:06 | 4.6 | 10:48 AM | 6.3 | 4:44 | 2.5 | 5:46 | -0.6 | 7:15 | 4:50 | ☾ |
| 12 | Thu | 12:51 | 4.7 | 11:25 AM | 6.4 | 5:24 | 2.7 | 6:23 | -0.8 | 7:16 | 4:50 | ☾ |
| 13 | Fri | 1:37 | 4.8 | 12:04 | 6.4 | 6:05 | 2.8 | 7:04 | -1.0 | 7:17 | 4:51 | ☾ |
| 14 | Sat | 2:23 | 4.8 | 12:46 | 6.3 | 6:51 | 2.9 | 7:47 | -1.0 | 7:17 | 4:51 | ☾ |
| 15 | Sun | 3:11 | 4.9 | 1:33 | 6.0 | 7:43 | 2.9 | 8:34 | -0.9 | 7:18 | 4:51 | ☾ |
| 16 | Mon | 4:00 | 4.9 | 2:27 | 5.7 | 8:43 | 2.9 | 9:25 | -0.6 | 7:19 | 4:51 | ☾ |
| 17 | Tue | 4:50 | 5.0 | 3:29 | 5.2 | 9:56 | 2.7 | 10:19 | -0.2 | 7:19 | 4:52 | ☾ |
| 18 | Wed | 5:40 | 5.2 | 4:44 | 4.7 | 11:18 | 2.4 | 11:16 | 0.2 | 7:20 | 4:52 | ☾ |
| 19 | Thu | 6:29 | 5.5 | 6:10 | 4.3 | | | 12:37 | 1.8 | 7:20 | 4:53 | ☾ |
| 20 | Fri | 7:16 | 5.8 | 7:39 | 4.2 | 12:15 | 0.7 | 1:45 | 1.2 | 7:21 | 4:53 | ☾ |
| 21 | Sat | 8:01 | 6.2 | 9:00 | 4.3 | 1:14 | 1.2 | 2:44 | 0.5 | 7:22 | 4:53 | ☾ |
| 22 | Sun | 8:44 | 6.4 | 10:10 | 4.5 | 2:10 | 1.6 | 3:35 | -0.1 | 7:22 | 4:54 | ☾ |
| 23 | Mon | 9:27 | 6.6 | 11:11 | 4.7 | 3:03 | 2.0 | 4:23 | -0.6 | 7:22 | 4:55 | ☾ |
| 24 | Tue | 10:08 | 6.7 | | | 3:54 | 2.3 | 5:07 | -0.9 | 7:23 | 4:55 | ☾ |
| 25 | Wed | 12:05 | 4.9 | 10:49 AM | 6.7 | 4:44 | 2.5 | 5:49 | -1.0 | 7:23 | 4:56 | ☾ |
| 26 | Thu | 12:55 | 5.0 | 11:30 AM | 6.5 | 5:32 | 2.7 | 6:30 | -1.0 | 7:24 | 4:56 | ☾ |
| 27 | Fri | 1:41 | 5.0 | 12:10 | 6.3 | 6:19 | 2.8 | 7:10 | -0.9 | 7:24 | 4:57 | ☾ |
| 28 | Sat | 2:24 | 5.0 | 12:50 | 6.0 | 7:07 | 2.8 | 7:49 | -0.7 | 7:24 | 4:58 | ☾ |
| 29 | Sun | 3:06 | 4.9 | 1:30 | 5.6 | 7:56 | 2.9 | 8:29 | -0.4 | 7:25 | 4:58 | ☾ |
| 30 | Mon | 3:47 | 4.9 | 2:13 | 5.2 | 8:49 | 2.8 | 9:09 | 0.0 | 7:25 | 4:59 | ☾ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|-------------|-----|-------------|-----|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Tue | 4:27 | 4.9 | 3:00 | 4.7 | 9:49 | 2.8 | 9:52 | 0.4 | 7:25 | 5:00 |  |