US HARBORS www.USHarbors.com

Point San Quentin, CA - Jan 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:10	4.8	3:56	4.2	10:58	2.6	10:37	0.8	7:25	5:01	
2	Thu	5:49	4.9	5:09	3.8			12:09	2.3	7:25	5:01	
3	Fri	6:27	5.1	6:38	3.6			1:14	1.9	7:25	5:02	
4	Sat	7:05	5.3	8:09	3.6	12:17	1.7	2:08	1.4	7:26	5:03	
5	Sun	7:43	5.6	9:26	3.8	1:10	2.1	2:54	0.8	7:26	5:04	
6	Mon	8:21	5.8	10:26	4.1	2:02	2.4	3:34	0.3	7:26	5:05	
7	Tue	9:00	6.1	11:16	4.4	2:51	2.6	4:12	-0.2	7:25	5:06	
8	Wed	9:40	6.3			3:37	2.8	4:50	-0.6	7:25	5:07	
9	Thu	12:00	4.6	10:21 AM	6.5	4:22	2.9	5:29	-0.9	7:25	5:08	
10	Fri	12:41	4.8	11:04 AM	6.6	5:06	2.8	6:09	-1.2	7:25	5:09	
11	Sat	1:22	4.9	11:49 AM	6.7	5:52	2.8	6:50	-1.3	7:25	5:10	
12	Sun	2:02	5.0	12:36	6.5	6:40	2.6	7:33	-1.2	7:25	5:11	
13	Mon	2:43	5.1	1:26	6.2	7:33	2.5	8:17	-1.0	7:25	5:12	
14	Tue	3:25	5.2	2:21	5.8	8:31	2.3	9:03	-0.5	7:24	5:13	
15	Wed	4:08	5.4	3:22	5.1	9:39	2.1	9:50	0.0	7:24	5:14	
16	Thu	4:54	5.6	4:37	4.5	10:54	1.7	10:42	0.7	7:24	5:15	
17	Fri	5:42	5.8	6:07	4.0			12:12	1.3	7:23	5:16	
18	Sat	6:31	6.0	7:45	3.9			1:25	0.7	7:23	5:17	
19	Sun	7:22	6.2	9:12	4.1	12:43	1.9	2:29	0.2	7:22	5:18	
20	Mon	8:13	6.4	10:20	4.4	1:48	2.3	3:25	-0.3	7:22	5:19	
21	Tue	9:02	6.5	11:15	4.7	2:50	2.6	4:13	-0.6	7:21	5:20	
22	Wed	9:48	6.5			3:47	2.7	4:57	-0.7	7:21	5:21	
23	Thu	12:02	4.9	10:33 AM	6.4	4:38	2.7	5:37	-0.8	7:20	5:22	
24	Fri	12:43	5.0	11:15 AM	6.3	5:24	2.7	6:15	-0.7	7:20	5:23	
25	Sat	1:21	5.0	11:55 AM	6.1	6:08	2.6	6:50	-0.6	7:19	5:24	
26	Sun	1:55	4.9	12:34	5.8	6:49	2.5	7:24	-0.4	7:18	5:25	
27	Mon	2:27	4.9	1:12	5.5	7:30	2.4	7:57	-0.2	7:18	5:27	
28	Tue	2:57	4.9	1:51	5.1	8:13	2.4	8:30	0.2	7:17	5:28	
29	Wed	3:26	4.9	2:34	4.7	9:00	2.3	9:04	0.6	7:16	5:29	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Thu	**3:58**	5.0	**3:24**	4.2	**9:54**	2.1	**9:40**	1.1	7:15	5:30	
31	Fri	**4:32**	5.0	**4:31**	3.8	**10:57**	1.9	**10:21**	1.7	7:15	5:31	