


































Point San Quentin, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:26	4.7	2:55	4.6	9:48	2.7	9:44	0.5	7:25	5:01	
2	Tue	4:59	4.8	3:52	4.0	10:55	2.5	10:22	1.0	7:25	5:01	
3	Wed	5:33	5.0	5:08	3.6			12:04	2.1	7:25	5:02	
4	Thu	6:09	5.2	6:47	3.4			1:08	1.6	7:25	5:03	
5	Fri	6:46	5.5	8:30	3.5			2:02	1.1	7:26	5:04	
6	Sat	7:25	5.7	9:51	3.8	12:49	2.5	2:49	0.5	7:26	5:05	
7	Sun	8:07	6.0	10:49	4.1	1:48	2.9	3:32	0.0	7:25	5:06	
8	Mon	8:51	6.3	11:36	4.4	2:43	3.1	4:14	-0.6	7:25	5:07	
9	Tue	9:37	6.5			3:35	3.2	4:57	-1.0	7:25	5:08	
10	Wed	12:17	4.7	10:24 AM	6.7	4:24	3.1	5:39	-1.3	7:25	5:09	
11	Thu	12:57	4.8	11:12 AM	6.8	5:12	3.0	6:22	-1.5	7:25	5:10	
12	Fri	1:35	4.9	12:01	6.8	6:02	2.8	7:05	-1.5	7:25	5:11	
13	Sat	2:13	5.0	12:52	6.6	6:55	2.6	7:48	-1.3	7:25	5:12	
14	Sun	2:52	5.2	1:45	6.1	7:52	2.3	8:31	-0.8	7:24	5:13	
15	Mon	3:31	5.4	2:44	5.4	8:55	2.0	9:14	-0.2	7:24	5:14	
16	Tue	4:12	5.6	3:52	4.7	10:07	1.7	10:00	0.5	7:24	5:15	
17	Wed	4:55	5.8	5:15	4.1	11:24	1.3	10:50	1.3	7:23	5:16	
18	Thu	5:41	6.0	6:57	3.8			12:41	0.8	7:23	5:17	
19	Fri	6:30	6.2	8:39	3.9			1:52	0.3	7:22	5:18	
20	Sat	7:22	6.2	9:57	4.2	12:55	2.6	2:53	-0.1	7:22	5:19	
21	Sun	8:15	6.3	10:56	4.5	2:04	2.9	3:46	-0.4	7:21	5:20	
22	Mon	9:05	6.3	11:42	4.8	3:08	3.0	4:32	-0.6	7:21	5:21	
23	Tue	9:53	6.3			4:04	3.0	5:13	-0.7	7:20	5:22	
24	Wed	12:23	4.9	10:37 AM	6.2	4:52	2.9	5:50	-0.7	7:20	5:23	
25	Thu	12:58	4.9	11:18 AM	6.1	5:35	2.8	6:24	-0.6	7:19	5:24	
26	Fri	1:30	4.9	11:56 AM	5.9	6:14	2.7	6:56	-0.5	7:18	5:25	
27	Sat	1:59	4.8	12:33	5.7	6:53	2.5	7:25	-0.3	7:18	5:27	
28	Sun	2:26	4.8	1:10	5.3	7:32	2.4	7:54	0.0	7:17	5:28	
29	Mon	2:51	4.9	1:49	4.9	8:14	2.2	8:22	0.4	7:16	5:29	
30	Tue	3:16	5.0	2:33	4.5	9:00	2.1	8:51	0.9	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:44	5.1	3:26	4.0	9:52	1.9	9:21	1.4	7:15	5:31	