

































## Point San Quentin, CA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:09	5.3	4:34	3.6	9:58	0.9	9:07	2.5	6:40	6:03	
2	Sat	3:47	5.3	6:24	3.5	11:01	0.8	9:53	2.9	6:38	6:04	
3	Sun	4:38	5.3	8:23	3.7			12:15	0.5	6:37	6:05	
4	Mon	5:43	5.4	9:24	4.0			1:28	0.2	6:35	6:06	
5	Tue	6:56	5.5	10:03	4.3	1:02	3.3	2:30	-0.3	6:34	6:07	
6	Wed	8:04	5.8	10:36	4.5	2:16	3.0	3:22	-0.6	6:32	6:08	
7	Thu	9:06	6.1	11:07	4.8	3:13	2.6	4:08	-0.9	6:31	6:09	
8	Fri	10:04	6.3	11:39	5.1	4:05	2.1	4:51	-1.0	6:30	6:10	
9	Sat	10:59	6.3			4:54	1.5	5:31	-0.8	6:28	6:11	
10	Sun	12:10	5.4	12:53	6.1	6:43	0.9	7:10	-0.5	7:27	7:12	
11	Mon	1:43	5.7	1:49	5.7	7:33	0.4	7:48	0.1	7:25	7:13	
12	Tue	2:17	6.0	2:47	5.3	8:25	0.0	8:28	0.7	7:24	7:14	
13	Wed	2:52	6.1	3:50	4.8	9:18	-0.2	9:09	1.4	7:22	7:15	
14	Thu	3:31	6.1	5:02	4.3	10:16	-0.2	9:56	2.1	7:21	7:16	
15	Fri	4:14	6.0	6:29	4.0	11:21	-0.1	10:55	2.7	7:19	7:17	
16	Sat	5:05	5.7	8:08	4.1			12:34	0.0	7:18	7:18	
17	Sun	6:08	5.4	9:28	4.3	12:18	3.0	1:51	0.1	7:16	7:19	
18	Mon	7:21	5.2	10:24	4.5	1:53	3.1	3:01	0.0	7:14	7:20	
19	Tue	8:34	5.1	11:05	4.7	3:09	2.8	3:58	0.0	7:13	7:21	
20	Wed	9:37	5.1	11:39	4.8	4:06	2.5	4:43	0.0	7:11	7:22	
21	Thu	10:30	5.1			4:51	2.1	5:20	0.0	7:10	7:23	
22	Fri	12:07	4.8	11:16 AM	5.1	5:31	1.8	5:51	0.1	7:08	7:24	
23	Sat	12:31	4.9	11:58 AM	5.1	6:06	1.4	6:19	0.3	7:07	7:25	
24	Sun	12:52	5.0	12:38	4.9	6:39	1.1	6:44	0.6	7:05	7:26	
25	Mon	1:12	5.1	1:18	4.7	7:11	0.8	7:09	0.9	7:04	7:26	
26	Tue	1:32	5.2	1:59	4.6	7:43	0.6	7:34	1.3	7:02	7:27	
27	Wed	1:54	5.4	2:43	4.3	8:16	0.4	8:01	1.7	7:01	7:28	
28	Thu	2:17	5.4	3:33	4.1	8:52	0.2	8:29	2.1	6:59	7:29	
29	Fri	2:45	5.4	4:31	3.9	9:34	0.1	9:01	2.5	6:58	7:30	
30	Sat	3:18	5.4	5:47	3.7	10:23	0.1	9:40	2.9	6:56	7:31	
31	Sun	4:00	5.3	7:22	3.7	11:24	0.1	10:42	3.2	6:55	7:32	