




































Point San Quentin, CA - Jan 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 2:03 | 4.7 | 12:17 | 6.3 | 6:23 | 3.0 | 7:23 | -1.1 | 7:25 | 5:01 |  |
| 2 | Thu | 2:38 | 4.8 | 1:02 | 6.1 | 7:10 | 2.8 | 8:02 | -0.9 | 7:25 | 5:02 |  |
| 3 | Fri | 3:14 | 4.9 | 1:50 | 5.7 | 8:03 | 2.6 | 8:42 | -0.6 | 7:25 | 5:03 |  |
| 4 | Sat | 3:51 | 5.1 | 2:46 | 5.2 | 9:05 | 2.4 | 9:24 | -0.1 | 7:26 | 5:04 |  |
| 5 | Sun | 4:29 | 5.4 | 3:53 | 4.6 | 10:16 | 2.0 | 10:08 | 0.5 | 7:26 | 5:05 |  |
| 6 | Mon | 5:10 | 5.6 | 5:19 | 4.0 | 11:33 | 1.5 | 10:58 | 1.2 | 7:25 | 5:06 |  |
| 7 | Tue | 5:54 | 5.9 | 7:02 | 3.7 | | | 12:49 | 0.9 | 7:25 | 5:06 |  |
| 8 | Wed | 6:41 | 6.2 | 8:43 | 3.9 | | | 1:57 | 0.3 | 7:25 | 5:07 |  |
| 9 | Thu | 7:31 | 6.4 | 10:02 | 4.2 | 12:59 | 2.5 | 2:57 | -0.3 | 7:25 | 5:08 |  |
| 10 | Fri | 8:23 | 6.6 | 11:03 | 4.6 | 2:06 | 2.8 | 3:50 | -0.7 | 7:25 | 5:09 |  |
| 11 | Sat | 9:16 | 6.7 | 11:52 | 4.8 | 3:10 | 3.0 | 4:39 | -1.0 | 7:25 | 5:10 |  |
| 12 | Sun | 10:07 | 6.7 | | | 4:09 | 3.0 | 5:24 | -1.1 | 7:25 | 5:11 |  |
| 13 | Mon | 12:36 | 5.0 | 10:55 AM | 6.7 | 5:02 | 2.9 | 6:07 | -1.1 | 7:24 | 5:12 |  |
| 14 | Tue | 1:17 | 5.0 | 11:42 AM | 6.5 | 5:52 | 2.8 | 6:47 | -1.0 | 7:24 | 5:13 |  |
| 15 | Wed | 1:54 | 5.0 | 12:26 | 6.1 | 6:41 | 2.6 | 7:24 | -0.8 | 7:24 | 5:14 |  |
| 16 | Thu | 2:30 | 5.0 | 1:08 | 5.7 | 7:28 | 2.5 | 7:59 | -0.4 | 7:23 | 5:15 |  |
| 17 | Fri | 3:03 | 5.0 | 1:52 | 5.2 | 8:18 | 2.3 | 8:33 | 0.0 | 7:23 | 5:16 |  |
| 18 | Sat | 3:34 | 5.1 | 2:38 | 4.7 | 9:10 | 2.2 | 9:06 | 0.6 | 7:22 | 5:18 |  |
| 19 | Sun | 4:05 | 5.1 | 3:31 | 4.1 | 10:08 | 2.0 | 9:40 | 1.2 | 7:22 | 5:19 |  |
| 20 | Mon | 4:37 | 5.2 | 4:42 | 3.6 | 11:13 | 1.8 | 10:18 | 1.8 | 7:21 | 5:20 |  |
| 21 | Tue | 5:12 | 5.3 | 6:23 | 3.3 | | | 12:21 | 1.5 | 7:21 | 5:21 |  |
| 22 | Wed | 5:52 | 5.4 | 8:27 | 3.4 | | | 1:25 | 1.1 | 7:20 | 5:22 |  |
| 23 | Thu | 6:38 | 5.5 | 9:51 | 3.8 | 12:06 | 2.9 | 2:21 | 0.7 | 7:20 | 5:23 |  |
| 24 | Fri | 7:28 | 5.6 | 10:41 | 4.1 | 1:20 | 3.2 | 3:10 | 0.3 | 7:19 | 5:24 |  |
| 25 | Sat | 8:19 | 5.8 | 11:18 | 4.3 | 2:26 | 3.3 | 3:53 | -0.1 | 7:18 | 5:25 |  |
| 26 | Sun | 9:08 | 6.1 | 11:51 | 4.5 | 3:18 | 3.2 | 4:32 | -0.5 | 7:18 | 5:26 |  |
| 27 | Mon | 9:54 | 6.3 | | | 4:03 | 3.1 | 5:10 | -0.8 | 7:17 | 5:27 |  |
| 28 | Tue | 12:21 | 4.7 | 10:40 AM | 6.4 | 4:45 | 2.9 | 5:46 | -1.0 | 7:16 | 5:29 |  |
| 29 | Wed | 12:52 | 4.8 | 11:24 AM | 6.5 | 5:27 | 2.6 | 6:22 | -1.1 | 7:16 | 5:30 |  |
| 30 | Thu | 1:22 | 4.9 | 12:10 | 6.4 | 6:12 | 2.3 | 6:58 | -1.0 | 7:15 | 5:31 |  |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|--------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Fri | 1:53 | 5.1 | 12:58 | 6.1 | 6:59 | 2.0 | 7:34 | -0.7 | 7:14 | 5:32 |  |