US HARBORS www.USHarbors.com

Point San Quentin, CA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:23	7.0			3:15	2.9	4:44	-1.3	7:25	5:01	
2	Fri	12:00	4.8	10:16 AM	7.1	4:13	2.9	5:32	-1.5	7:25	5:02	
3	Sat	12:46	5.0	11:08 AM	7.1	5:09	2.8	6:19	-1.6	7:25	5:03	
4	Sun	1:30	5.1	12:00	6.8	6:04	2.7	7:04	-1.4	7:26	5:04	
5	Mon	2:12	5.2	12:50	6.5	7:00	2.5	7:48	-1.1	7:26	5:04	
6	Tue	2:53	5.3	1:41	5.9	7:58	2.3	8:29	-0.6	7:25	5:05	
7	Wed	3:33	5.3	2:34	5.2	8:59	2.2	9:10	0.0	7:25	5:06	
8	Thu	4:13	5.4	3:33	4.5	10:05	2.0	9:52	0.6	7:25	5:07	
9	Fri	4:53	5.4	4:44	3.9	11:15	1.7	10:36	1.3	7:25	5:08	
10	Sat	5:33	5.5	6:17	3.5			12:26	1.4	7:25	5:09	
11	Sun	6:14	5.6	8:07	3.5			1:31	1.0	7:25	5:10	
12	Mon	6:57	5.6	9:35	3.8	12:25	2.5	2:28	0.6	7:25	5:11	
13	Tue	7:41	5.7	10:35	4.1	1:30	2.9	3:16	0.3	7:24	5:12	
14	Wed	8:26	5.8	11:19	4.3	2:31	3.1	3:59	0.0	7:24	5:13	
15	Thu	9:10	5.9	11:55	4.5	3:23	3.2	4:37	-0.3	7:24	5:14	
16	Fri	9:52	6.1			4:08	3.1	5:12	-0.5	7:23	5:15	
17	Sat	12:27	4.6	10:32 AM	6.1	4:47	3.0	5:45	-0.6	7:23	5:16	
18	Sun	12:56	4.6	11:11 AM	6.2	5:24	2.9	6:17	-0.7	7:23	5:17	
19	Mon	1:24	4.7	11:50 AM	6.1	6:00	2.8	6:48	-0.7	7:22	5:18	
20	Tue	1:51	4.8	12:29	5.9	6:39	2.6	7:19	-0.6	7:22	5:19	
21	Wed	2:19	4.9	1:11	5.6	7:21	2.3	7:51	-0.4	7:21	5:21	
22	Thu	2:49	5.1	1:57	5.2	8:09	2.1	8:25	0.1	7:20	5:22	
23	Fri	3:19	5.3	2:51	4.6	9:03	1.8	9:01	0.6	7:20	5:23	
24	Sat	3:53	5.6	4:00	4.1	10:06	1.5	9:41	1.3	7:19	5:24	
25	Sun	4:32	5.8	5:34	3.7	11:17	1.1	10:29	2.0	7:19	5:25	
26	Mon	5:18	6.0	7:28	3.6			12:33	0.6	7:18	5:26	
27	Tue	6:12	6.2	9:06	3.9			1:45	0.1	7:17	5:27	
28	Wed	7:13	6.4	10:12	4.3	12:50	3.0	2:49	-0.5	7:16	5:28	
29	Thu	8:16	6.6	11:02	4.6	2:08	3.1	3:45	-0.9	7:16	5:29	
30	Fri	9:16	6.7	11:44	4.9	3:15	3.0	4:35	-1.1	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	**10:12**	6.8			**4:14**	2.7	**5:21**	-1.2	7:14	5:32	