US HARBORS www.USHarbors.com

Point San Quentin, CA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:10	6.1	11:47	5.2	4:16	2.1	4:59	-0.7	6:40	6:03	
2	Mon	11:01	6.0			5:04	1.6	5:36	-0.5	6:39	6:04	
3	Tue	12:19	5.4	11:49 AM	5.7	5:49	1.3	6:10	-0.2	6:37	6:05	
4	Wed	12:48	5.5	12:36	5.4	6:33	1.0	6:43	0.3	6:36	6:06	
5	Thu	1:16	5.5	1:23	5.0	7:15	0.7	7:15	0.8	6:35	6:07	
6	Fri	1:43	5.6	2:12	4.5	7:57	0.6	7:46	1.4	6:33	6:08	
7	Sat	2:10	5.5	3:06	4.1	8:41	0.6	8:19	1.9	6:32	6:09	
8	Sun	3:39	5.4	5:11	3.8	10:29	0.6	9:54	2.5	7:30	7:10	
9	Mon	4:13	5.3	6:41	3.6	11:25	0.7	10:39	2.9	7:29	7:11	
10	Tue	4:56	5.1	8:39	3.6			12:32	0.7	7:27	7:12	
11	Wed	5:54	5.0	9:56	3.9			1:46	0.6	7:26	7:13	
12	Thu	7:03	4.9	10:36	4.1	1:42	3.3	2:52	0.4	7:24	7:14	
13	Fri	8:13	5.0	11:05	4.3	2:55	3.1	3:44	0.2	7:23	7:15	
14	Sat	9:15	5.2	11:30	4.4	3:48	2.8	4:26	0.0	7:21	7:16	
15	Sun	10:08	5.3	11:54	4.6	4:30	2.4	5:02	-0.2	7:20	7:17	
16	Mon	10:57	5.4			5:08	2.0	5:35	-0.2	7:18	7:18	
17	Tue	12:17	4.9	11:44 AM	5.5	5:45	1.5	6:07	-0.1	7:17	7:19	
18	Wed	12:42	5.2	12:32	5.4	6:24	1.0	6:38	0.2	7:15	7:19	
19	Thu	1:08	5.5	1:22	5.3	7:04	0.5	7:11	0.6	7:14	7:20	
20	Fri	1:36	5.8	2:14	5.0	7:47	0.1	7:46	1.1	7:12	7:21	
21	Sat	2:07	6.0	3:12	4.7	8:33	-0.3	8:23	1.6	7:11	7:22	
22	Sun	2:42	6.1	4:17	4.3	9:24	-0.4	9:05	2.1	7:09	7:23	
23	Mon	3:22	6.1	5:35	4.1	10:22	-0.4	9:55	2.6	7:08	7:24	
24	Tue	4:12	6.0	7:05	4.0	11:30	-0.4	11:05	3.0	7:06	7:25	
25	Wed	5:14	5.7	8:32	4.1			12:48	-0.3	7:04	7:26	
26	Thu	6:30	5.5	9:35	4.4	12:42	3.1	2:05	-0.3	7:03	7:27	
27	Fri	7:51	5.4	10:21	4.7	2:15	2.8	3:11	-0.3	7:01	7:28	
28	Sat	9:05	5.3	11:00	5.0	3:26	2.3	4:04	-0.3	7:00	7:29	
29	Sun	10:10	5.3	11:34	5.2	4:23	1.8	4:48	-0.2	6:58	7:30	
30	Mon	11:07	5.2			5:12	1.2	5:27	0.0	6:57	7:31	
31	Tue	12:05	5.4	12:00	5.1	5:56	0.8	6:01	0.4	6:55	7:32	