



Point San Quentin, CA - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:11	5.7	1:45	4.3	6:57	-0.4	6:33	2.2	6:13	8:00	☉
2	Sat	12:36	5.7	2:32	4.3	7:30	-0.5	7:07	2.5	6:12	8:01	☉
3	Sun	1:03	5.7	3:19	4.2	8:05	-0.6	7:43	2.8	6:10	8:02	☉
4	Mon	1:33	5.6	4:07	4.1	8:41	-0.5	8:20	2.9	6:09	8:03	☉
5	Tue	2:07	5.4	4:58	4.1	9:21	-0.4	9:03	3.1	6:08	8:04	☉
6	Wed	2:46	5.2	5:52	4.0	10:05	-0.3	9:56	3.2	6:07	8:05	☾
7	Thu	3:32	5.0	6:48	4.0	10:55	-0.1	11:10	3.1	6:06	8:06	☾
8	Fri	4:26	4.7	7:37	4.1	11:49	0.0			6:05	8:07	☾
9	Sat	5:30	4.4	8:16	4.3	12:35	3.0	12:44	0.1	6:04	8:08	☾
10	Sun	6:44	4.2	8:49	4.6	1:48	2.6	1:36	0.3	6:03	8:08	☾
11	Mon	8:02	4.0	9:20	5.0	2:45	2.0	2:25	0.5	6:02	8:09	☾
12	Tue	9:18	4.1	9:50	5.4	3:33	1.3	3:10	0.8	6:01	8:10	☾
13	Wed	10:28	4.2	10:21	5.8	4:17	0.6	3:53	1.2	6:00	8:11	☾
14	Thu	11:33	4.3	10:55	6.2	5:00	-0.2	4:36	1.6	6:00	8:12	☾
15	Fri			12:35	4.5	5:44	-0.8	5:21	2.0	5:59	8:13	☾
16	Sat			1:34	4.6	6:30	-1.3	6:07	2.3	5:58	8:14	☾
17	Sun	12:13	6.7	2:32	4.7	7:18	-1.7	6:56	2.6	5:57	8:15	☾
18	Mon	12:59	6.7	3:29	4.7	8:08	-1.7	7:49	2.7	5:56	8:15	☾
19	Tue	1:49	6.6	4:26	4.7	9:01	-1.6	8:49	2.8	5:56	8:16	☾
20	Wed	2:43	6.3	5:24	4.7	9:57	-1.4	9:59	2.8	5:55	8:17	☾
21	Thu	3:42	5.8	6:20	4.8	10:54	-1.0	11:21	2.7	5:54	8:18	☾
22	Fri	4:48	5.2	7:14	4.9	11:53	-0.6			5:53	8:19	☾
23	Sat	6:02	4.6	8:03	5.2	12:46	2.3	12:51	-0.1	5:53	8:20	☾
24	Sun	7:23	4.2	8:46	5.4	2:02	1.8	1:45	0.4	5:52	8:20	☾
25	Mon	8:47	3.9	9:24	5.6	3:07	1.2	2:36	0.9	5:52	8:21	☾
26	Tue	10:05	3.9	9:58	5.8	4:01	0.6	3:22	1.4	5:51	8:22	☾
27	Wed	11:13	4.0	10:30	5.9	4:47	0.1	4:06	1.9	5:51	8:23	☉
28	Thu			12:12	4.1	5:28	-0.2	4:48	2.3	5:50	8:23	☉
29	Fri			1:05	4.2	6:05	-0.5	5:28	2.6	5:50	8:24	☉
30	Sat			1:52	4.3	6:39	-0.6	6:07	2.8	5:49	8:25	☉
31	Sun	12:00	5.9	2:35	4.4	7:13	-0.7	6:45	3.0	5:49	8:26	☉