


































Point San Quentin, CA - Oct 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 5:06 | 4.4 | 3:40 | 6.2 | 9:26 | 2.9 | 10:54 | -0.2 | 7:05 | 6:53 |  |
| 2 | Fri | 6:29 | 4.3 | 4:40 | 6.0 | 10:31 | 3.2 | | | 7:06 | 6:51 |  |
| 3 | Sat | 7:53 | 4.4 | 5:53 | 5.7 | 12:07 | -0.1 | 12:02 | 3.3 | 7:07 | 6:49 |  |
| 4 | Sun | 8:58 | 4.6 | 7:14 | 5.6 | 1:24 | -0.1 | 1:38 | 3.1 | 7:08 | 6:48 |  |
| 5 | Mon | 9:46 | 4.9 | 8:31 | 5.5 | 2:32 | -0.1 | 2:53 | 2.6 | 7:09 | 6:46 |  |
| 6 | Tue | 10:26 | 5.2 | 9:40 | 5.5 | 3:28 | -0.1 | 3:52 | 2.0 | 7:10 | 6:45 |  |
| 7 | Wed | 11:01 | 5.5 | 10:41 | 5.5 | 4:15 | 0.1 | 4:44 | 1.4 | 7:11 | 6:43 |  |
| 8 | Thu | 11:33 | 5.7 | 11:37 | 5.4 | 4:56 | 0.3 | 5:30 | 0.8 | 7:12 | 6:42 |  |
| 9 | Fri | | | 12:04 | 5.9 | 5:34 | 0.7 | 6:13 | 0.4 | 7:13 | 6:41 |  |
| 10 | Sat | 12:31 | 5.2 | 12:32 | 6.0 | 6:09 | 1.1 | 6:53 | 0.1 | 7:14 | 6:39 |  |
| 11 | Sun | 1:22 | 5.0 | 1:00 | 6.0 | 6:44 | 1.6 | 7:33 | -0.1 | 7:14 | 6:38 |  |
| 12 | Mon | 2:14 | 4.8 | 1:28 | 6.0 | 7:20 | 2.1 | 8:11 | -0.1 | 7:15 | 6:36 |  |
| 13 | Tue | 3:06 | 4.6 | 1:56 | 5.8 | 7:56 | 2.5 | 8:51 | 0.0 | 7:16 | 6:35 |  |
| 14 | Wed | 4:01 | 4.5 | 2:28 | 5.7 | 8:34 | 2.9 | 9:35 | 0.1 | 7:17 | 6:33 |  |
| 15 | Thu | 5:03 | 4.3 | 3:06 | 5.4 | 9:19 | 3.2 | 10:24 | 0.3 | 7:18 | 6:32 |  |
| 16 | Fri | 6:14 | 4.2 | 3:53 | 5.2 | 10:18 | 3.4 | 11:22 | 0.5 | 7:19 | 6:31 |  |
| 17 | Sat | 7:30 | 4.2 | 4:52 | 4.9 | 11:46 | 3.5 | | | 7:20 | 6:29 |  |
| 18 | Sun | 8:29 | 4.3 | 6:03 | 4.7 | 12:28 | 0.6 | 1:15 | 3.3 | 7:21 | 6:28 |  |
| 19 | Mon | 9:09 | 4.5 | 7:17 | 4.6 | 1:32 | 0.6 | 2:21 | 2.9 | 7:22 | 6:26 |  |
| 20 | Tue | 9:39 | 4.7 | 8:26 | 4.6 | 2:25 | 0.6 | 3:12 | 2.5 | 7:23 | 6:25 |  |
| 21 | Wed | 10:05 | 4.9 | 9:28 | 4.7 | 3:10 | 0.6 | 3:54 | 2.0 | 7:24 | 6:24 |  |
| 22 | Thu | 10:29 | 5.2 | 10:25 | 4.8 | 3:48 | 0.7 | 4:31 | 1.4 | 7:25 | 6:22 |  |
| 23 | Fri | 10:54 | 5.5 | 11:19 | 4.9 | 4:24 | 0.9 | 5:08 | 0.8 | 7:26 | 6:21 |  |
| 24 | Sat | 11:21 | 5.9 | | | 4:59 | 1.2 | 5:45 | 0.2 | 7:27 | 6:20 |  |
| 25 | Sun | 12:13 | 4.9 | 11:49 AM | 6.2 | 5:34 | 1.5 | 6:24 | -0.3 | 7:28 | 6:19 |  |
| 26 | Mon | 1:07 | 4.9 | 12:21 | 6.4 | 6:11 | 1.9 | 7:07 | -0.7 | 7:29 | 6:17 |  |
| 27 | Tue | 2:03 | 4.9 | 12:57 | 6.6 | 6:51 | 2.3 | 7:52 | -1.0 | 7:30 | 6:16 |  |
| 28 | Wed | 3:01 | 4.8 | 1:38 | 6.6 | 7:34 | 2.7 | 8:42 | -1.0 | 7:31 | 6:15 |  |
| 29 | Thu | 4:03 | 4.7 | 2:25 | 6.5 | 8:22 | 2.9 | 9:37 | -0.9 | 7:32 | 6:14 |  |
| 30 | Fri | 5:09 | 4.6 | 3:21 | 6.2 | 9:22 | 3.1 | 10:39 | -0.7 | 7:33 | 6:13 |  |
| 31 | Sat | 6:17 | 4.6 | 4:26 | 5.8 | 10:40 | 3.2 | 11:46 | -0.4 | 7:34 | 6:12 |  |