



































## Point San Quentin, CA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:00	6.8	11:15	4.7	2:43	2.6	4:10	-1.0	7:25	5:01	
2	Wed	9:52	6.9			3:43	2.6	4:58	-1.3	7:25	5:02	
3	Thu	12:03	5.0	10:43 AM	6.9	4:39	2.5	5:44	-1.3	7:25	5:03	
4	Fri	12:47	5.2	11:33 AM	6.8	5:33	2.4	6:27	-1.3	7:25	5:04	
5	Sat	1:29	5.3	12:22	6.5	6:26	2.3	7:09	-1.0	7:26	5:04	
6	Sun	2:10	5.4	1:10	6.0	7:19	2.2	7:50	-0.7	7:25	5:05	
7	Mon	2:49	5.4	1:59	5.5	8:14	2.1	8:30	-0.2	7:25	5:06	
8	Tue	3:28	5.4	2:50	4.9	9:12	2.0	9:10	0.4	7:25	5:07	
9	Wed	4:06	5.4	3:49	4.3	10:16	1.8	9:52	1.0	7:25	5:08	
10	Thu	4:46	5.4	5:02	3.8	11:24	1.6	10:38	1.6	7:25	5:09	
11	Fri	5:28	5.5	6:36	3.5			12:33	1.4	7:25	5:10	
12	Sat	6:12	5.5	8:16	3.6			1:37	1.0	7:25	5:11	
13	Sun	6:59	5.6	9:32	3.8	12:37	2.6	2:32	0.7	7:24	5:12	
14	Mon	7:47	5.7	10:25	4.1	1:41	2.8	3:19	0.3	7:24	5:13	
15	Tue	8:33	5.8	11:06	4.3	2:38	2.9	3:59	0.0	7:24	5:14	
16	Wed	9:17	6.0	11:40	4.5	3:27	2.9	4:36	-0.2	7:23	5:15	
17	Thu	9:59	6.1			4:09	2.8	5:09	-0.4	7:23	5:16	
18	Fri	12:12	4.6	10:40 AM	6.2	4:49	2.7	5:41	-0.6	7:23	5:17	
19	Sat	12:42	4.8	11:20 AM	6.2	5:27	2.5	6:13	-0.6	7:22	5:18	
20	Sun	1:12	4.9	12:01	6.1	6:07	2.3	6:45	-0.6	7:22	5:19	
21	Mon	1:42	5.1	12:44	5.9	6:49	2.1	7:18	-0.4	7:21	5:21	
22	Tue	2:14	5.3	1:30	5.5	7:35	1.8	7:53	-0.1	7:20	5:22	
23	Wed	2:47	5.5	2:21	5.0	8:26	1.6	8:31	0.4	7:20	5:23	
24	Thu	3:23	5.7	3:22	4.5	9:24	1.3	9:12	1.0	7:19	5:24	
25	Fri	4:04	5.8	4:39	4.0	10:31	1.1	10:00	1.6	7:19	5:25	
26	Sat	4:51	6.0	6:15	3.7	11:46	0.7	10:59	2.1	7:18	5:26	
27	Sun	5:46	6.1	7:57	3.8			1:01	0.3	7:17	5:27	
28	Mon	6:47	6.2	9:16	4.1	12:13	2.6	2:09	-0.1	7:16	5:28	
29	Tue	7:50	6.4	10:14	4.5	1:32	2.7	3:08	-0.5	7:16	5:29	
30	Wed	8:50	6.5	11:02	4.8	2:42	2.7	4:00	-0.8	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	9:45	6.6	11:43	5.1	3:43	2.5	4:46	-0.9	7:14	5:32	