



































Point San Quentin, CA - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:25	5.8	7:40	3.8			1:28	1.0	7:25	5:01	
2	Thu	7:13	5.9	9:03	3.9	12:38	2.0	2:27	0.6	7:25	5:02	
3	Fri	7:59	5.9	10:07	4.2	1:39	2.4	3:18	0.3	7:25	5:02	
4	Sat	8:43	6.0	10:57	4.4	2:36	2.6	4:00	0.0	7:25	5:03	
5	Sun	9:23	6.0	11:39	4.6	3:26	2.7	4:38	-0.2	7:26	5:04	
6	Mon	10:02	6.1			4:11	2.7	5:12	-0.3	7:25	5:05	
7	Tue	12:15	4.6	10:39 AM	6.1	4:51	2.7	5:44	-0.4	7:25	5:06	
8	Wed	12:47	4.7	11:16 AM	6.0	5:29	2.6	6:14	-0.4	7:25	5:07	
9	Thu	1:17	4.8	11:52 AM	5.9	6:05	2.6	6:43	-0.4	7:25	5:08	
10	Fri	1:46	4.8	12:29	5.7	6:42	2.5	7:13	-0.3	7:25	5:09	
11	Sat	2:15	4.9	1:07	5.5	7:21	2.4	7:44	-0.1	7:25	5:10	
12	Sun	2:46	5.1	1:48	5.1	8:04	2.2	8:17	0.2	7:25	5:11	
13	Mon	3:18	5.2	2:35	4.7	8:54	2.1	8:53	0.6	7:24	5:12	
14	Tue	3:53	5.3	3:33	4.2	9:51	1.8	9:33	1.0	7:24	5:13	
15	Wed	4:33	5.5	4:50	3.8	10:57	1.5	10:21	1.6	7:24	5:14	
16	Thu	5:18	5.7	6:27	3.6			12:09	1.1	7:23	5:15	
17	Fri	6:10	5.9	8:05	3.8			1:18	0.6	7:23	5:16	
18	Sat	7:06	6.2	9:22	4.1	12:29	2.4	2:20	0.0	7:23	5:17	
19	Sun	8:03	6.5	10:20	4.5	1:41	2.6	3:16	-0.5	7:22	5:18	
20	Mon	9:00	6.7	11:09	4.8	2:47	2.6	4:06	-1.0	7:22	5:19	
21	Tue	9:55	6.9	11:53	5.1	3:47	2.4	4:54	-1.2	7:21	5:20	
22	Wed	10:48	6.9			4:42	2.2	5:39	-1.3	7:21	5:21	
23	Thu	12:34	5.3	11:41 AM	6.8	5:36	1.9	6:23	-1.2	7:20	5:22	
24	Fri	1:15	5.5	12:32	6.4	6:30	1.7	7:05	-0.9	7:19	5:24	
25	Sat	1:54	5.7	1:24	6.0	7:24	1.5	7:46	-0.4	7:19	5:25	
26	Sun	2:34	5.8	2:17	5.4	8:19	1.4	8:28	0.1	7:18	5:26	
27	Mon	3:14	5.8	3:15	4.7	9:19	1.3	9:11	0.8	7:17	5:27	
28	Tue	3:55	5.8	4:22	4.2	10:23	1.2	9:58	1.4	7:17	5:28	
29	Wed	4:40	5.7	5:46	3.8	11:33	1.1	10:53	2.0	7:16	5:29	
30	Thu	5:28	5.6	7:24	3.7			12:45	0.9	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Fri	6:21	5.6	8:50	3.9	12:00	2.5	1:51	0.7	7:14	5:31	