





Point San Quentin, CA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:34	4.2	5:22	5.3	10:34	1.4	11:54	1.8	6:13	8:18	
2	Tue	5:39	3.9	6:04	5.4	11:18	1.9			6:14	8:17	
3	Wed	7:02	3.7	6:51	5.5	12:59	1.6	12:12	2.3	6:15	8:16	
4	Thu	8:35	3.7	7:43	5.6	2:03	1.3	1:16	2.6	6:16	8:15	
5	Fri	9:51	3.9	8:35	5.8	2:59	0.9	2:21	2.7	6:17	8:14	
6	Sat	10:46	4.2	9:25	6.0	3:48	0.5	3:19	2.7	6:17	8:13	
7	Sun	11:30	4.4	10:14	6.2	4:32	0.1	4:09	2.6	6:18	8:12	
8	Mon			12:08	4.7	5:13	-0.2	4:57	2.4	6:19	8:11	
9	Tue			12:45	5.0	5:52	-0.5	5:43	2.2	6:20	8:10	
10	Wed			1:22	5.2	6:32	-0.6	6:30	1.9	6:21	8:08	
11	Thu	12:39	6.5	1:58	5.5	7:12	-0.6	7:18	1.6	6:22	8:07	
12	Fri	1:29	6.3	2:36	5.7	7:52	-0.4	8:10	1.3	6:23	8:06	
13	Sat	2:22	6.0	3:16	5.9	8:34	0.0	9:05	1.1	6:24	8:05	
14	Sun	3:18	5.6	3:59	6.1	9:18	0.4	10:05	0.9	6:24	8:04	
15	Mon	4:21	5.0	4:45	6.2	10:06	1.0	11:12	0.8	6:25	8:02	
16	Tue	5:34	4.6	5:38	6.2	11:01	1.6			6:26	8:01	
17	Wed	6:59	4.3	6:36	6.2	12:27	0.7	12:06	2.1	6:27	8:00	
18	Thu	8:27	4.3	7:38	6.2	1:42	0.5	1:20	2.4	6:28	7:58	
19	Fri	9:42	4.5	8:40	6.2	2:51	0.3	2:33	2.5	6:29	7:57	
20	Sat	10:42	4.8	9:38	6.2	3:50	0.1	3:37	2.4	6:30	7:56	
21	Sun	11:30	5.0	10:31	6.2	4:40	0.0	4:32	2.3	6:30	7:54	
22	Mon			12:11	5.2	5:23	-0.1	5:20	2.1	6:31	7:53	
23	Tue			12:48	5.2	6:02	0.0	6:04	1.9	6:32	7:52	
24	Wed	12:02	6.0	1:20	5.3	6:36	0.1	6:44	1.8	6:33	7:50	
25	Thu	12:43	5.8	1:50	5.3	7:09	0.3	7:22	1.6	6:34	7:49	
26	Fri	1:23	5.6	2:18	5.3	7:40	0.5	7:59	1.5	6:35	7:47	
27	Sat	2:02	5.3	2:45	5.3	8:11	0.8	8:37	1.5	6:36	7:46	
28	Sun	2:42	5.0	3:14	5.3	8:42	1.2	9:17	1.4	6:36	7:44	
29	Mon	3:26	4.7	3:45	5.4	9:15	1.6	10:02	1.4	6:37	7:43	
30	Tue	4:16	4.3	4:21	5.3	9:51	2.0	10:54	1.4	6:38	7:41	
31	Wed	5:18	4.0	5:05	5.3	10:34	2.3	11:55	1.3	6:39	7:40	