



































Point San Quentin, CA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:43	6.6	10:31	4.7	2:18	2.0	3:43	-0.5	7:25	5:01	
2	Mon	9:32	6.8	11:26	4.9	3:16	2.1	4:31	-0.8	7:25	5:02	
3	Tue	10:20	6.8			4:11	2.2	5:16	-1.0	7:25	5:03	
4	Wed	12:15	5.1	11:06 AM	6.7	5:03	2.3	6:00	-1.1	7:25	5:04	
5	Thu	1:00	5.2	11:52 AM	6.5	5:54	2.3	6:42	-1.0	7:25	5:04	
6	Fri	1:43	5.3	12:36	6.2	6:44	2.3	7:22	-0.7	7:25	5:05	
7	Sat	2:25	5.3	1:21	5.8	7:35	2.2	8:02	-0.4	7:25	5:06	
8	Sun	3:05	5.3	2:06	5.3	8:27	2.2	8:42	0.0	7:25	5:07	
9	Mon	3:45	5.2	2:54	4.8	9:24	2.2	9:23	0.5	7:25	5:08	
10	Tue	4:26	5.2	3:50	4.3	10:26	2.1	10:06	1.0	7:25	5:09	
11	Wed	5:07	5.2	4:59	3.8	11:34	1.9	10:55	1.5	7:25	5:10	
12	Thu	5:51	5.3	6:25	3.6			12:42	1.6	7:25	5:11	
13	Fri	6:36	5.4	7:58	3.6			1:43	1.3	7:24	5:12	
14	Sat	7:21	5.5	9:14	3.8	12:52	2.3	2:35	0.9	7:24	5:13	
15	Sun	8:06	5.7	10:09	4.1	1:51	2.5	3:19	0.5	7:24	5:14	
16	Mon	8:49	5.9	10:53	4.3	2:44	2.6	3:58	0.1	7:23	5:15	
17	Tue	9:31	6.0	11:32	4.5	3:30	2.6	4:34	-0.2	7:23	5:16	
18	Wed	10:12	6.2			4:12	2.6	5:09	-0.5	7:23	5:17	
19	Thu	12:07	4.7	10:53 AM	6.3	4:53	2.5	5:44	-0.7	7:22	5:18	
20	Fri	12:42	4.9	11:34 AM	6.3	5:33	2.4	6:20	-0.8	7:22	5:19	
21	Sat	1:17	5.1	12:17	6.2	6:16	2.2	6:56	-0.8	7:21	5:21	
22	Sun	1:53	5.2	1:02	6.0	7:01	2.0	7:35	-0.6	7:20	5:22	
23	Mon	2:30	5.4	1:51	5.6	7:51	1.8	8:16	-0.3	7:20	5:23	
24	Tue	3:09	5.5	2:47	5.1	8:47	1.6	8:59	0.2	7:19	5:24	
25	Wed	3:52	5.7	3:52	4.6	9:51	1.4	9:48	0.8	7:19	5:25	
26	Thu	4:40	5.8	5:12	4.2	11:04	1.2	10:44	1.3	7:18	5:26	
27	Fri	5:32	5.9	6:45	4.0			12:22	0.8	7:17	5:27	
28	Sat	6:29	6.1	8:16	4.1			1:34	0.4	7:16	5:28	
29	Sun	7:28	6.2	9:28	4.4	1:01	2.2	2:37	0.0	7:16	5:29	
30	Mon	8:25	6.4	10:26	4.7	2:11	2.3	3:32	-0.4	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	9:19	6.4	11:14	5.0	3:13	2.3	4:20	-0.6	7:14	5:32	