

































Point San Quentin, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:02	5.3	4:18	3.6	9:49	1.0	9:05	2.4	6:40	6:03	
2	Mon	3:35	5.2	5:56	3.4	10:48	0.9	9:45	2.9	6:39	6:04	
3	Tue	4:19	5.1	8:10	3.6	11:58	0.8	11:01	3.2	6:38	6:05	
4	Wed	5:18	5.1	9:22	3.9			1:11	0.6	6:36	6:06	
5	Thu	6:27	5.1	9:58	4.1	12:50	3.3	2:13	0.3	6:35	6:07	
6	Fri	7:34	5.3	10:27	4.3	2:05	3.2	3:04	0.0	6:33	6:08	
7	Sat	8:33	5.5	10:53	4.5	2:57	2.9	3:46	-0.3	6:32	6:09	
8	Sun	10:26	5.8			4:40	2.5	5:24	-0.6	7:30	7:10	
9	Mon	12:19	4.7	11:16 AM	5.9	5:21	2.1	6:00	-0.6	7:29	7:11	
10	Tue	12:45	5.0	12:05	5.9	6:03	1.6	6:34	-0.5	7:27	7:12	
11	Wed	1:13	5.3	12:56	5.8	6:46	1.0	7:09	-0.2	7:26	7:13	
12	Thu	1:42	5.6	1:48	5.5	7:32	0.5	7:45	0.3	7:24	7:14	
13	Fri	2:13	5.9	2:44	5.1	8:20	0.1	8:22	0.9	7:23	7:15	
14	Sat	2:46	6.1	3:47	4.7	9:12	-0.2	9:02	1.5	7:21	7:16	
15	Sun	3:24	6.2	5:00	4.2	10:10	-0.3	9:47	2.2	7:20	7:17	
16	Mon	4:08	6.1	6:30	4.0	11:16	-0.2	10:45	2.7	7:18	7:17	
17	Tue	5:03	5.9	8:09	4.0			12:32	-0.2	7:17	7:18	
18	Wed	6:11	5.6	9:28	4.3	12:10	3.1	1:52	-0.2	7:15	7:19	
19	Thu	7:29	5.5	10:23	4.6	1:49	3.1	3:04	-0.3	7:14	7:20	
20	Fri	8:44	5.4	11:05	4.8	3:09	2.7	4:02	-0.3	7:12	7:21	
21	Sat	9:50	5.4	11:41	5.0	4:10	2.3	4:49	-0.3	7:11	7:22	
22	Sun	10:46	5.4			5:00	1.9	5:28	-0.2	7:09	7:23	
23	Mon	12:12	5.1	11:36 AM	5.3	5:43	1.5	6:02	0.0	7:08	7:24	
24	Tue	12:40	5.2	12:22	5.1	6:23	1.1	6:32	0.3	7:06	7:25	
25	Wed	1:05	5.3	1:06	4.9	7:00	0.8	7:01	0.7	7:05	7:26	
26	Thu	1:27	5.3	1:49	4.7	7:35	0.5	7:29	1.1	7:03	7:27	
27	Fri	1:49	5.4	2:33	4.4	8:09	0.4	7:56	1.6	7:02	7:28	
28	Sat	2:11	5.4	3:19	4.2	8:44	0.3	8:25	2.0	7:00	7:29	
29	Sun	2:35	5.4	4:12	3.9	9:22	0.2	8:54	2.5	6:59	7:30	
30	Mon	3:04	5.3	5:16	3.7	10:05	0.3	9:28	2.8	6:57	7:31	
31	Tue	3:39	5.2	6:42	3.6	10:57	0.3	10:14	3.1	6:56	7:31	