



































Point San Quentin, CA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:24	6.8			3:18	3.0	4:44	-1.2	7:25	5:01	
2	Mon	12:03	4.7	10:15 AM	7.0	4:13	3.0	5:31	-1.6	7:25	5:02	
3	Tue	12:47	4.9	11:07 AM	7.1	5:06	2.9	6:18	-1.7	7:25	5:03	
4	Wed	1:29	5.1	12:00	7.0	6:01	2.6	7:03	-1.6	7:25	5:04	
5	Thu	2:10	5.2	12:53	6.7	6:58	2.4	7:48	-1.3	7:25	5:05	
6	Fri	2:51	5.4	1:48	6.1	7:58	2.2	8:32	-0.8	7:25	5:06	
7	Sat	3:33	5.5	2:47	5.4	9:03	1.9	9:16	-0.2	7:25	5:07	
8	Sun	4:15	5.7	3:54	4.6	10:15	1.6	10:02	0.6	7:25	5:07	
9	Mon	4:59	5.8	5:15	4.0	11:30	1.3	10:51	1.4	7:25	5:08	
10	Tue	5:45	5.9	6:55	3.7			12:45	0.9	7:25	5:09	
11	Wed	6:33	6.0	8:37	3.8			1:52	0.5	7:25	5:10	
12	Thu	7:22	6.0	9:56	4.1	12:54	2.6	2:51	0.1	7:24	5:11	
13	Fri	8:11	6.1	10:52	4.4	2:02	2.9	3:41	-0.2	7:24	5:12	
14	Sat	8:57	6.1	11:37	4.6	3:02	3.1	4:24	-0.3	7:24	5:13	
15	Sun	9:41	6.1			3:54	3.1	5:02	-0.4	7:24	5:14	
16	Mon	12:15	4.7	10:22 AM	6.1	4:38	3.0	5:37	-0.5	7:23	5:16	
17	Tue	12:48	4.7	11:00 AM	6.0	5:18	2.9	6:08	-0.5	7:23	5:17	
18	Wed	1:16	4.7	11:37 AM	5.9	5:54	2.8	6:38	-0.5	7:22	5:18	
19	Thu	1:43	4.7	12:13	5.8	6:30	2.6	7:07	-0.4	7:22	5:19	
20	Fri	2:07	4.8	12:49	5.5	7:06	2.5	7:34	-0.2	7:21	5:20	
21	Sat	2:32	4.9	1:27	5.2	7:46	2.3	8:03	0.1	7:21	5:21	
22	Sun	2:58	5.0	2:09	4.7	8:30	2.1	8:32	0.5	7:20	5:22	
23	Mon	3:26	5.2	2:59	4.3	9:20	1.9	9:04	1.1	7:20	5:23	
24	Tue	3:57	5.3	4:06	3.8	10:19	1.6	9:41	1.6	7:19	5:24	
25	Wed	4:34	5.5	5:42	3.5	11:26	1.3	10:26	2.2	7:18	5:25	
26	Thu	5:17	5.7	7:41	3.5			12:38	0.8	7:18	5:26	
27	Fri	6:10	5.9	9:16	3.8			1:46	0.3	7:17	5:28	
28	Sat	7:10	6.2	10:16	4.2	12:47	3.1	2:46	-0.3	7:16	5:29	
29	Sun	8:11	6.5	11:01	4.5	2:04	3.1	3:40	-0.8	7:15	5:30	
30	Mon	9:11	6.7	11:41	4.8	3:09	3.0	4:30	-1.2	7:15	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	10:08	6.9			4:07	2.7	5:16	-1.4	7:14	5:32	