

Point San Quentin, CA - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:58	5.6	8:56	3.6	12:13	2.2	2:18	0.9	7:25	5:01	
2	Fri	7:38	5.8	10:09	3.9	1:09	2.6	3:03	0.3	7:25	5:02	
3	Sat	8:20	6.1	11:04	4.3	2:06	2.9	3:46	-0.3	7:25	5:03	
4	Sun	9:05	6.4	11:50	4.5	3:00	3.1	4:28	-0.7	7:25	5:04	
5	Mon	9:51	6.7			3:51	3.1	5:11	-1.2	7:25	5:04	
6	Tue	12:32	4.7	10:40 AM	6.9	4:41	3.1	5:55	-1.4	7:25	5:05	
7	Wed	1:12	4.9	11:29 AM	6.9	5:30	2.9	6:39	-1.5	7:25	5:06	
8	Thu	1:52	5.0	12:19	6.8	6:22	2.7	7:22	-1.4	7:25	5:07	
9	Fri	2:31	5.1	1:11	6.5	7:17	2.5	8:06	-1.1	7:25	5:08	
10	Sat	3:10	5.3	2:07	5.9	8:17	2.2	8:49	-0.6	7:25	5:09	
11	Sun	3:51	5.5	3:08	5.2	9:25	1.9	9:33	0.0	7:25	5:10	
12	Mon	4:33	5.7	4:21	4.5	10:39	1.6	10:20	0.8	7:24	5:11	
13	Tue	5:17	5.9	5:51	3.9	11:56	1.1	11:12	1.6	7:24	5:12	
14	Wed	6:05	6.1	7:36	3.7			1:11	0.6	7:24	5:13	
15	Thu	6:54	6.2	9:11	4.0	12:13	2.2	2:17	0.2	7:23	5:14	
16	Fri	7:46	6.3	10:22	4.3	1:22	2.7	3:14	-0.2	7:23	5:15	
17	Sat	8:36	6.3	11:15	4.6	2:29	3.0	4:03	-0.5	7:23	5:16	
18	Sun	9:24	6.3	11:59	4.8	3:30	3.1	4:47	-0.6	7:22	5:17	
19	Mon	10:10	6.2			4:22	3.1	5:26	-0.7	7:22	5:19	
20	Tue	12:38	4.8	10:52 AM	6.2	5:07	3.0	6:02	-0.7	7:21	5:20	
21	Wed	1:12	4.8	11:31 AM	6.0	5:48	2.8	6:35	-0.6	7:21	5:21	
22	Thu	1:42	4.8	12:08	5.9	6:26	2.7	7:06	-0.5	7:20	5:22	
23	Fri	2:09	4.8	12:45	5.6	7:04	2.6	7:35	-0.2	7:20	5:23	
24	Sat	2:34	4.8	1:22	5.2	7:44	2.4	8:04	0.1	7:19	5:24	
25	Sun	2:59	4.9	2:02	4.8	8:26	2.3	8:32	0.5	7:18	5:25	
26	Mon	3:26	5.0	2:48	4.3	9:15	2.1	9:02	1.0	7:18	5:26	
27	Tue	3:54	5.1	3:46	3.8	10:10	1.9	9:35	1.5	7:17	5:27	
28	Wed	4:27	5.3	5:09	3.4	11:14	1.6	10:13	2.1	7:16	5:28	
29	Thu	5:06	5.4	7:07	3.3			12:23	1.2	7:15	5:30	
30	Fri	5:53	5.6	8:59	3.6			1:29	0.7	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	6:47	5.8	10:05	4.0	12:20	3.1	2:28	0.2	7:14	5:32	