




















Prisoners Harbor, Santa Cruz Island, CA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:19	4.3	8:12	3.3			1:05	-0.1	6:27	5:54	
2	Thu	6:17	4.6	8:30	3.5	12:25	2.7	1:41	-0.3	6:25	5:55	
3	Fri	7:00	4.8	8:47	3.6	1:05	2.4	2:11	-0.5	6:24	5:56	
4	Sat	7:36	5.0	9:03	3.7	1:37	2.0	2:36	-0.5	6:23	5:57	
5	Sun	8:08	5.1	9:20	3.9	2:07	1.7	2:59	-0.5	6:22	5:58	
6	Mon	8:38	5.2	9:38	4.1	2:36	1.4	3:20	-0.5	6:20	5:59	
7	Tue	9:09	5.0	9:58	4.2	3:07	1.1	3:41	-0.3	6:19	5:59	
8	Wed	9:40	4.8	10:19	4.4	3:40	0.9	4:02	0.0	6:18	6:00	
9	Thu	10:14	4.4	10:41	4.5	4:15	0.8	4:23	0.4	6:16	6:01	
10	Fri	10:51	3.9	11:05	4.6	4:54	0.7	4:43	0.8	6:15	6:02	
11	Sat	11:36	3.3	11:34	4.7	5:40	0.7	5:02	1.3	6:14	6:03	
12	Sun			1:37	2.7	7:38	0.7	6:19	1.8	7:12	7:03	
13	Mon	1:12	4.6	3:32	2.3	8:59	0.7	6:28	2.3	7:11	7:04	
14	Tue	2:08	4.6			10:44	0.5			7:10	7:05	
15	Wed	3:37	4.5	8:08	2.9			12:13	0.0	7:08	7:06	
16	Thu	5:17	4.7	8:19	3.3			1:12	-0.6	7:07	7:07	
17	Fri	6:34	5.1	8:42	3.7	12:27	2.7	1:58	-1.0	7:06	7:07	
18	Sat	7:35	5.5	9:08	4.1	1:30	2.0	2:38	-1.3	7:04	7:08	
19	Sun	8:26	5.7	9:35	4.5	2:21	1.3	3:14	-1.3	7:03	7:09	
20	Mon	9:14	5.7	10:05	4.9	3:08	0.7	3:48	-1.1	7:02	7:10	
21	Tue	10:00	5.5	10:35	5.2	3:53	0.2	4:20	-0.8	7:00	7:10	
22	Wed	10:45	5.1	11:05	5.3	4:38	-0.1	4:51	-0.2	6:59	7:11	
23	Thu	11:32	4.5	11:36	5.3	5:24	-0.3	5:21	0.4	6:58	7:12	
24	Fri			12:21	3.8	6:12	-0.2	5:49	1.1	6:56	7:13	
25	Sat	12:08	5.2	1:20	3.2	7:04	0.0	6:14	1.8	6:55	7:14	
26	Sun	12:42	4.9	2:48	2.6	8:07	0.3	6:31	2.4	6:53	7:14	
27	Mon	1:22	4.5			9:31	0.5			6:52	7:15	
28	Tue	2:19	4.1			11:15	0.6			6:51	7:16	
29	Wed	4:02	3.8	8:20	3.3			12:33	0.4	6:49	7:17	
30	Thu	5:44	3.9	8:32	3.5	12:20	3.1	1:24	0.2	6:48	7:17	
31	Fri	6:48	4.1	8:46	3.7	1:15	2.6	1:59	0.0	6:47	7:18	