US HARBORS www.USHarbors.com

Sacramento, CA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:41	3.0	5:42	2.4			1:06	0.0	6:08	8:16	
2	Sun	4:30	3.1	6:32	2.5			1:54	0.0	6:09	8:15	
3	Mon	5:15	3.1	7:16	2.5	12:45	1.0	2:36	0.0	6:09	8:14	
4	Tue	5:55	3.1	7:56	2.6	1:37	1.0	3:13	0.0	6:10	8:13	
5	Wed	6:33	3.0	8:31	2.6	2:24	0.9	3:45	0.0	6:11	8:12	
6	Thu	7:09	3.0	9:01	2.6	3:07	0.9	4:10	0.0	6:12	8:11	
7	Fri	7:47	2.9	9:25	2.6	3:48	0.8	4:31	0.1	6:13	8:10	
8	Sat	8:26	2.8	9:42	2.6	4:26	0.7	4:48	0.1	6:14	8:08	
9	Sun	9:08	2.6	9:59	2.7	5:04	0.6	5:09	0.1	6:15	8:07	
10	Mon	9:55	2.5	10:21	2.9	5:44	0.5	5:37	0.2	6:16	8:06	
11	Tue	10:51	2.3	10:53	3.0	6:29	0.5	6:11	0.4	6:17	8:05	
12	Wed			12:04	2.1	7:25	0.5	6:53	0.5	6:17	8:04	
13	Thu			1:40	1.9	8:42	0.4	7:42	0.7	6:18	8:02	
14	Fri	12:23	3.2	3:12	2.0	10:15	0.4	8:43	0.9	6:19	8:01	
15	Sat	1:21	3.3	4:27	2.1	11:34	0.3	9:55	1.0	6:20	8:00	
16	Sun	2:29	3.3	5:27	2.2			12:37	0.1	6:21	7:58	
17	Mon	3:41	3.4	6:18	2.4			1:31	0.0	6:22	7:57	
18	Tue	4:50	3.4	7:02	2.5	12:25	0.9	2:18	0.0	6:23	7:56	
19	Wed	5:52	3.4	7:43	2.6	1:31	0.8	3:00	-0.1	6:24	7:54	
20	Thu	6:49	3.4	8:21	2.7	2:31	0.7	3:38	-0.1	6:25	7:53	
21	Fri	7:44	3.2	8:58	2.8	3:29	0.5	4:14	0.0	6:25	7:52	
22	Sat	8:38	3.0	9:32	2.9	4:24	0.4	4:47	0.1	6:26	7:50	
23	Sun	9:34	2.8	10:05	3.0	5:19	0.3	5:18	0.2	6:27	7:49	
24	Mon	10:33	2.6	10:39	3.0	6:15	0.3	5:51	0.4	6:28	7:47	
25	Tue	11:39	2.4	11:15	3.0	7:15	0.3	6:28	0.5	6:29	7:46	
26	Wed			12:52	2.2	8:20	0.3	7:12	0.7	6:30	7:44	
27	Thu			2:07	2.2	9:30	0.3	8:07	0.8	6:31	7:43	
28	Fri	12:49	2.9	3:18	2.2	10:39	0.2	9:15	0.9	6:32	7:42	
29	Sat	1:56	2.8	4:20	2.3	11:41	0.2	10:29	1.0	6:33	7:40	
30	Sun	3:07	2.8	5:14	2.4			12:34	0.1	6:33	7:39	
31	Mon	4:09	2.8	5:59	2.5			1:19	0.0	6:34	7:37	