




Sacramento, CA - May 2026

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 6:59 | 2.9 | 8:24 | 2.2 | 2:19 | 0.5 | 3:52 | -0.1 | 6:08 | 7:58 | ☉ |
| 2 | Sat | 7:14 | 3.0 | 9:14 | 2.2 | 2:46 | 0.7 | 4:33 | -0.1 | 6:06 | 7:58 | ☉ |
| 3 | Sun | 7:33 | 3.1 | 10:05 | 2.2 | 3:17 | 0.8 | 5:12 | -0.1 | 6:05 | 7:59 | ☉ |
| 4 | Mon | 8:00 | 3.1 | 10:57 | 2.2 | 3:54 | 0.9 | 5:50 | 0.0 | 6:04 | 8:00 | ☉ |
| 5 | Tue | 8:35 | 3.0 | 11:49 | 2.2 | 4:36 | 0.9 | 6:28 | 0.0 | 6:03 | 8:01 | ☉ |
| 6 | Wed | 9:16 | 2.9 | | | 5:25 | 1.0 | 7:07 | 0.0 | 6:02 | 8:02 | ☾ |
| 7 | Thu | 12:42 | 2.2 | 10:04 AM | 2.8 | 6:19 | 1.0 | 7:52 | 0.0 | 6:01 | 8:03 | ☾ |
| 8 | Fri | 1:34 | 2.1 | 10:59 AM | 2.5 | 7:22 | 0.9 | 8:40 | 0.0 | 6:00 | 8:04 | ☾ |
| 9 | Sat | 2:22 | 2.2 | 12:06 | 2.3 | 8:33 | 0.8 | 9:28 | 0.0 | 5:59 | 8:05 | ☾ |
| 10 | Sun | 3:04 | 2.2 | 1:27 | 2.1 | 9:48 | 0.7 | 10:14 | 0.0 | 5:58 | 8:06 | ☾ |
| 11 | Mon | 3:41 | 2.3 | 2:54 | 2.0 | 10:57 | 0.5 | 10:55 | 0.1 | 5:57 | 8:07 | ☾ |
| 12 | Tue | 4:11 | 2.5 | 4:12 | 2.0 | 11:58 | 0.3 | 11:34 | 0.2 | 5:56 | 8:08 | ☾ |
| 13 | Wed | 4:38 | 2.7 | 5:20 | 2.1 | | | 12:53 | 0.2 | 5:55 | 8:09 | ☾ |
| 14 | Thu | 5:04 | 2.9 | 6:22 | 2.1 | 12:13 | 0.3 | 1:47 | 0.0 | 5:54 | 8:10 | ☾ |
| 15 | Fri | 5:34 | 3.2 | 7:23 | 2.2 | 12:53 | 0.5 | 2:39 | -0.1 | 5:53 | 8:11 | ☾ |
| 16 | Sat | 6:09 | 3.4 | 8:23 | 2.3 | 1:36 | 0.7 | 3:32 | -0.2 | 5:52 | 8:11 | ☾ |
| 17 | Sun | 6:49 | 3.6 | 9:23 | 2.3 | 2:24 | 0.8 | 4:25 | -0.2 | 5:52 | 8:12 | ☾ |
| 18 | Mon | 7:34 | 3.6 | 10:23 | 2.3 | 3:17 | 0.9 | 5:18 | -0.2 | 5:51 | 8:13 | ☾ |
| 19 | Tue | 8:23 | 3.5 | 11:22 | 2.4 | 4:16 | 0.9 | 6:12 | -0.2 | 5:50 | 8:14 | ☾ |
| 20 | Wed | 9:17 | 3.3 | | | 5:20 | 0.9 | 7:06 | -0.2 | 5:49 | 8:15 | ☾ |
| 21 | Thu | 12:19 | 2.4 | 10:19 AM | 3.0 | 6:29 | 0.9 | 8:00 | -0.2 | 5:49 | 8:16 | ☾ |
| 22 | Fri | 1:14 | 2.4 | 11:31 AM | 2.7 | 7:44 | 0.8 | 8:52 | -0.1 | 5:48 | 8:17 | ☾ |
| 23 | Sat | 2:07 | 2.5 | 12:56 | 2.3 | 9:02 | 0.7 | 9:43 | -0.1 | 5:47 | 8:17 | ☾ |
| 24 | Sun | 2:56 | 2.6 | 2:21 | 2.1 | 10:16 | 0.5 | 10:30 | 0.0 | 5:47 | 8:18 | ☾ |
| 25 | Mon | 3:41 | 2.7 | 3:36 | 2.0 | 11:25 | 0.3 | 11:13 | 0.2 | 5:46 | 8:19 | ☾ |
| 26 | Tue | 4:22 | 2.8 | 4:42 | 2.0 | | | 12:25 | 0.1 | 5:45 | 8:20 | ☾ |
| 27 | Wed | 4:57 | 2.9 | 5:42 | 2.0 | | | 1:20 | 0.0 | 5:45 | 8:21 | ☉ |
| 28 | Thu | 5:27 | 3.0 | 6:38 | 2.1 | 12:27 | 0.5 | 2:10 | -0.1 | 5:44 | 8:21 | ☉ |
| 29 | Fri | 5:52 | 3.0 | 7:31 | 2.2 | 1:01 | 0.7 | 2:57 | -0.1 | 5:44 | 8:22 | ☉ |
| 30 | Sat | 6:12 | 3.1 | 8:22 | 2.2 | 1:35 | 0.8 | 3:40 | -0.1 | 5:44 | 8:23 | ☉ |

| Date | | High | | | | Low | | | |  | |  |
|-----------|-----|-------------|-----|-------------|-----|-------------|-----|-------------|------|--|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 31 | Sun | 6:32 | 3.1 | 9:11 | 2.3 | 2:12 | 0.9 | 4:21 | -0.1 | 5:43 | 8:23 |  |