US HARBORS www.USHarbors.com

San Diego, CA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:47	3.1	5:37	5.3	12:10	1.5	10:36 AM	2.2	5:44	8:00	
2	Mon	7:19	3.1	6:19	5.5	1:10	1.0	11:28 AM	2.5	5:44	8:00	
3	Tue	8:24	3.3	6:59	5.7	1:55	0.5	12:18	2.7	5:45	8:00	
4	Wed	9:04	3.5	7:37	5.9	2:32	0.1	1:06	2.7	5:45	8:00	
5	Thu	9:35	3.6	8:14	6.1	3:06	-0.2	1:49	2.6	5:46	8:00	
6	Fri	10:04	3.8	8:49	6.3	3:38	-0.4	2:29	2.5	5:46	8:00	
7	Sat	10:33	3.9	9:22	6.4	4:09	-0.6	3:07	2.4	5:47	7:59	
8	Sun	11:04	4.0	9:56	6.4	4:40	-0.7	3:44	2.4	5:47	7:59	
9	Mon	11:36	4.1	10:30	6.3	5:12	-0.7	4:22	2.3	5:48	7:59	
10	Tue			12:09	4.3	5:43	-0.5	5:03	2.3	5:48	7:59	
11	Wed			12:44	4.4	6:14	-0.3	5:52	2.3	5:49	7:59	
12	Thu			1:21	4.6	6:45	0.1	6:50	2.2	5:49	7:58	
13	Fri	12:33	4.9	2:02	4.9	7:17	0.6	8:02	2.1	5:50	7:58	
14	Sat	1:33	4.1	2:49	5.2	7:52	1.1	9:34	1.8	5:51	7:58	
15	Sun	3:01	3.4	3:45	5.5	8:35	1.7	11:10	1.3	5:51	7:57	
16	Mon	4:58	3.1	4:47	5.9	9:36	2.2			5:52	7:57	
17	Tue	6:44	3.2	5:48	6.3	12:27	0.5	10:55 AM	2.5	5:52	7:56	
18	Wed	7:58	3.5	6:46	6.7	1:28	-0.3	12:10	2.5	5:53	7:56	
19	Thu	8:49	3.9	7:40	7.1	2:20	-0.9	1:15	2.4	5:54	7:55	
20	Fri	9:30	4.2	8:30	7.3	3:05	-1.3	2:12	2.2	5:54	7:55	
21	Sat	10:08	4.5	9:17	7.4	3:47	-1.4	3:04	1.9	5:55	7:54	
22	Sun	10:45	4.7	10:02	7.1	4:26	-1.4	3:52	1.7	5:55	7:54	
23	Mon	11:22	4.8	10:44	6.7	5:03	-1.1	4:39	1.6	5:56	7:53	
24	Tue			12:00	5.0	5:38	-0.7	5:27	1.6	5:57	7:53	
25	Wed			12:37	5.0	6:11	-0.2	6:17	1.7	5:57	7:52	
26	Thu	12:11	5.3	1:15	5.0	6:42	0.5	7:13	1.9	5:58	7:51	
27	Fri	12:58	4.5	1:55	5.0	7:11	1.1	8:19	2.0	5:59	7:51	
28	Sat	1:55	3.7	2:40	5.0	7:38	1.8	9:50	1.9	5:59	7:50	
29	Sun	3:21	3.1	3:36	4.9	8:06	2.4	11:35	1.6	6:00	7:49	
30	Mon	5:56	2.9	4:42	5.0	8:46	2.8			6:01	7:48	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	**8:11**	3.2	**5:43**	5.2	**12:49**	1.1	**10:37 AM**	3.1	6:01	7:48	