











San Diego, CA - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:01	3.9	5:53	5.5	11:10	0.9			5:41	7:51	
2	Tue	6:20	3.7	6:33	5.8	12:39	0.9	11:56 AM	1.3	5:41	7:52	
3	Wed	7:29	3.7	7:11	6.1	1:34	0.3	12:39	1.6	5:40	7:52	
4	Thu	8:27	3.7	7:46	6.2	2:20	-0.2	1:18	1.9	5:40	7:53	
5	Fri	9:15	3.7	8:20	6.3	3:01	-0.5	1:56	2.1	5:40	7:53	
6	Sat	9:57	3.7	8:52	6.3	3:37	-0.7	2:31	2.3	5:40	7:54	
7	Sun	10:35	3.7	9:25	6.2	4:12	-0.7	3:06	2.4	5:40	7:54	
8	Mon	11:13	3.7	9:57	6.1	4:46	-0.7	3:39	2.4	5:40	7:55	
9	Tue	11:51	3.7	10:30	5.9	5:21	-0.6	4:14	2.5	5:40	7:55	
10	Wed			12:32	3.7	5:56	-0.4	4:50	2.6	5:40	7:56	
11	Thu			1:14	3.7	6:33	-0.1	5:32	2.7	5:40	7:56	
12	Fri			1:58	3.8	7:10	0.1	6:26	2.8	5:40	7:57	
13	Sat	12:18	4.9	2:43	3.9	7:47	0.4	7:35	2.9	5:40	7:57	
14	Sun	1:07	4.4	3:30	4.2	8:26	0.8	9:03	2.7	5:40	7:57	
15	Mon	2:13	3.8	4:15	4.5	9:08	1.1	10:39	2.3	5:40	7:58	
16	Tue	3:48	3.4	4:57	4.9	9:56	1.5	11:53	1.6	5:40	7:58	
17	Wed	5:26	3.2	5:38	5.4	10:46	1.8			5:40	7:58	
18	Thu	6:46	3.3	6:20	5.9	12:50	0.8	11:37 AM	2.0	5:40	7:59	
19	Fri	7:53	3.5	7:03	6.5	1:40	0.1	12:28	2.1	5:40	7:59	
20	Sat	8:48	3.7	7:48	6.9	2:27	-0.7	1:20	2.2	5:41	7:59	
21	Sun	9:36	3.9	8:35	7.3	3:13	-1.2	2:12	2.1	5:41	7:59	
22	Mon	10:22	4.1	9:22	7.4	3:57	-1.6	3:03	2.1	5:41	8:00	
23	Tue	11:08	4.2	10:10	7.4	4:42	-1.8	3:54	2.0	5:41	8:00	
24	Wed	11:55	4.4	11:00	7.0	5:27	-1.7	4:48	1.9	5:42	8:00	
25	Thu			12:43	4.5	6:13	-1.4	5:47	2.0	5:42	8:00	
26	Fri			1:32	4.7	6:57	-0.9	6:52	2.0	5:42	8:00	
27	Sat	12:48	5.7	2:23	4.9	7:42	-0.3	8:07	2.0	5:43	8:00	
28	Sun	1:51	4.8	3:17	5.1	8:27	0.4	9:36	1.9	5:43	8:00	
29	Mon	3:06	4.0	4:13	5.4	9:16	1.1	11:11	1.4	5:43	8:00	
30	Tue	4:42	3.4	5:07	5.6	10:10	1.7			5:44	8:00	