


















San Diego, CA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:47	7.4	10:21	4.5	2:33	1.8	3:58	-1.8	6:50	4:53	
2	Sat	9:33	7.1	11:05	4.7	3:23	1.7	4:39	-1.5	6:51	4:54	
3	Sun	10:21	6.6	11:51	4.8	4:16	1.6	5:21	-1.1	6:51	4:55	
4	Mon	11:14	5.8			5:17	1.7	6:03	-0.5	6:51	4:56	
5	Tue	12:40	5.0	12:12	4.8	6:26	1.7	6:46	0.2	6:51	4:56	
6	Wed	1:32	5.1	1:24	3.9	7:50	1.7	7:32	1.0	6:51	4:57	
7	Thu	2:31	5.3	3:01	3.2	9:31	1.4	8:28	1.6	6:51	4:58	
8	Fri	3:33	5.4	4:57	3.0	11:02	0.8	9:37	2.1	6:51	4:59	
9	Sat	4:33	5.6	6:33	3.2			12:10	0.2	6:51	5:00	
10	Sun	5:27	5.8	7:32	3.5			1:01	-0.3	6:51	5:01	
11	Mon	6:14	6.0	8:11	3.7			1:42	-0.6	6:51	5:01	
12	Tue	6:56	6.1	8:41	3.8	12:37	2.4	2:16	-0.8	6:51	5:02	
13	Wed	7:33	6.2	9:07	4.0	1:19	2.2	2:46	-0.8	6:51	5:03	
14	Thu	8:07	6.2	9:33	4.0	1:55	2.1	3:15	-0.8	6:51	5:04	
15	Fri	8:38	6.2	9:59	4.1	2:28	2.0	3:42	-0.7	6:50	5:05	
16	Sat	9:08	6.0	10:27	4.2	3:01	1.9	4:08	-0.5	6:50	5:06	
17	Sun	9:38	5.7	10:56	4.3	3:35	1.8	4:34	-0.3	6:50	5:07	
18	Mon	10:08	5.3	11:25	4.4	4:11	1.8	4:59	0.0	6:50	5:08	
19	Tue	10:39	4.8	11:56	4.4	4:52	1.9	5:23	0.4	6:49	5:09	
20	Wed	11:14	4.1			5:40	2.0	5:45	0.9	6:49	5:10	
21	Thu	12:31	4.5	12:00	3.5	6:42	2.0	6:07	1.3	6:49	5:11	
22	Fri	1:12	4.6	1:20	2.8	8:11	1.9	6:31	1.8	6:48	5:12	
23	Sat	2:08	4.7	3:54	2.5	10:03	1.5	7:10	2.3	6:48	5:12	
24	Sun	3:19	5.0	6:02	2.7	11:22	0.8	9:14	2.6	6:47	5:13	
25	Mon	4:26	5.4	6:57	3.2			12:16	0.0	6:47	5:14	
26	Tue	5:25	6.0	7:32	3.6			1:00	-0.7	6:46	5:15	
27	Wed	6:18	6.5	8:05	4.0			1:41	-1.3	6:46	5:16	
28	Thu	7:07	7.0	8:38	4.3	12:51	1.9	2:19	-1.7	6:45	5:17	
29	Fri	7:54	7.2	9:13	4.7	1:42	1.4	2:57	-1.8	6:45	5:18	
30	Sat	8:40	7.2	9:49	5.0	2:31	1.0	3:34	-1.7	6:44	5:19	
31	Sun	9:25	6.8	10:27	5.3	3:19	0.8	4:10	-1.4	6:43	5:20	